

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2009

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HOUSE BILL 1904*

Short Title: Screen and Reduce BMI Levels in Children. (Public)

Sponsors: Representatives England, Hughes, Weiss, Yongue (Primary Sponsors);
M. Alexander, Brown, Faison, Gill, Glazier, Harrison, Jones, Lucas, and
Tarleton.

Referred to: Health, if favorable, Rules, Calendar, and Operations of the House.

May 20, 2010

A BILL TO BE ENTITLED

AN ACT TO REQUIRE THE DEPARTMENT OF HEALTH AND HUMAN SERVICES TO
EXPLORE WAYS TO IMPLEMENT BODY MASS INDEX SCREENING FOR
CERTAIN CHILDREN WHO ARE AT RISK OF BECOMING OBESE AND TO
REDUCE BODY MASS INDEX LEVELS FOR ALL CHILDREN, AS
RECOMMENDED BY THE LEGISLATIVE TASK FORCE ON CHILDHOOD
OBESITY.

The General Assembly of North Carolina enacts:

SECTION 1.(a) The Department of Health and Human Services, Division of
Medical Assistance, shall explore the feasibility of requiring Community Care of North
Carolina (CCNC) to implement body mass index (BMI) screening for children at risk of
becoming obese and developing diabetes or other chronic diseases, who are receiving Medicaid
or participating in the North Carolina Health Choice for Children Program.

SECTION 1.(b) As part of its exploration into the feasibility of requiring BMI
screening pursuant to subsection (a) of this section, the Department shall work toward the
development of each of the following items:

- (1) Establishing performance goals within each CCNC network that includes
each of the following components:
 - a. Care management for children who are at risk of becoming obese and
developing diabetes or other chronic diseases.
 - b. Annual BMI screening to identify the percentage of children who
have a BMI test and the percentage of children who have a decrease
in BMI levels.
- (2) Developing a uniform protocol across the CCNC network to ensure the
integrity and confidentiality of information collected through BMI
screening.
- (3) Implementing reliable methods of collecting data utilizing fitness assessment
and reporting programs for youth that include health-related physical fitness
tests to assess aerobic capacity; muscular strength, muscular endurance, and
flexibility; and body composition.

SECTION 2. The Department shall require CCNC networks to collaborate with
local health departments, county departments of social services, Eat Smart, Move More
coalitions, and local education agencies on ways to reduce BMI levels in all children.

SECTION 3. Not later than September 1, 2011, the Department shall report its
findings and recommendations to the Legislative Task Force on Childhood Obesity, if



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1 reestablished for the 2011-2012 Session, to the Public Health Commission, and to the Fiscal
2 Research Division.

3 **SECTION 4.** This act is effective when it becomes law.