

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2007

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HOUSE BILL 2443*
Committee Substitute Favorable 6/30/08
Senate Select Committee on Employee Hospital and Medical Benefits Committee
Substitute Adopted 7/9/08

Short Title: State Health Plan.

(Public)

Sponsors:

Referred to:

May 26, 2008

A BILL TO BE ENTITLED

1
2 AN ACT TO REWRITE GENERAL STATUTE PROVISIONS PERTAINING TO
3 HEALTH AND LONG-TERM CARE BENEFITS FOR TEACHERS, STATE
4 EMPLOYEES, RETIRED STATE EMPLOYEES, AND THEIR ELIGIBLE
5 DEPENDENTS.

6 The General Assembly of North Carolina enacts:

7 SECTION 1.(a) Effective July 1, 2008, Article 3 of Chapter 135 of the
8 General Statutes is recodified as Article 3A of Chapter 135 of the General Statutes.

9 SECTION 1.(b) Effective July 1, 2008, the title of Article 3A of Chapter
10 135 of the General Statutes, as enacted by this act, reads as rewritten:

11 ~~Other Teacher, Employee Benefits; Child Health Benefits.~~
12 Other Benefits for Teachers, State Employees, Retired State Employees, and Child
13 Health."

14 SECTION 1.(c) Effective July 1, 2008, Part 1 of Article 3A of Chapter 135
15 of the General Statutes, as enacted by this act, is recodified as Part 1A of Article 3A of
16 Chapter 135 of the General Statutes.

17 SECTION 1.(d) Effective July 1, 2008, G.S. 135-37, as amended by Section
18 28.22A of S.L. 2007-323, is recodified as G.S. 135-37.1 under Part 1A of Article 3A of
19 Chapter 135 of the General Statutes, as enacted by this act, and as recodified, reads as
20 rewritten:

21 "§ 135-37.1. Confidentiality of information and medical records; provider
22 contracts.

23 (a) Any information as herein described in this section which is in the possession
24 of the Executive Administrator and the Board of Trustees of the State Health Plan for
25 Teachers and State Employees or its Claims Processor under the Plan or the Predecessor
26 Plan shall be confidential and shall be exempt from the provisions of Chapter 132 of the
27 General Statutes or any other provision requiring information and records held by State

1 agencies to be made public or accessible to the public. This section shall apply to all
2 information concerning individuals, including the fact of coverage or noncoverage,
3 whether or not a claim has been filed, medical information, whether or not a claim has
4 been paid, and any other information or materials concerning a plan participant.
5 Provided, however, such information may be released to the State Auditor, or to the
6 Attorney General, or to the persons designated under G.S. 135-39.3 in furtherance of
7 their statutory duties and responsibilities, or to such persons or organizations as may be
8 designated and approved by the Executive Administrator and Board of Trustees of the
9 Plan, but any information so released shall remain confidential as stated above and any
10 party obtaining such information shall assume the same level of responsibility for
11 maintaining such confidentiality as that of the Executive Administrator and Board of
12 Trustees of the State Health Plan for Teachers and State Employees.

13 (b) Notwithstanding the provisions of this Article, the Executive Administrator
14 and Board of Trustees of the State Health Plan for Teachers and State Employees may
15 contract with providers of institutional and professional medical care and services to
16 establish preferred provider networks. The terms pertaining to reimbursement rates or
17 other terms of consideration of any contract between hospitals, hospital authorities,
18 doctors, or other medical providers, or a pharmacy benefit manager and the Plan, or
19 contracts pertaining to the provision of any medical benefit offered under the Plan,
20 including its ~~optional plans or programs~~, optional alternative comprehensive benefit
21 plans, and programs available under the optional alternative plans, shall not be a public
22 record under Chapter 132 of the General Statutes for a period of 30 months after the
23 date of the expiration of the contract. Provided, however, nothing in this subsection
24 shall be deemed to prevent or restrict the release of any information made not a public
25 record under this subsection to the State Auditor, the Attorney General, the Director of
26 the State Budget, the Plan's Executive Administrator, and the Committee on Employee
27 Hospital and Medical Benefits solely and exclusively for their use in the furtherance of
28 their duties and responsibilities. The design, adoption, and implementation of the
29 preferred provider contracts, networks, and ~~optional plans or programs~~ optional
30 alternative comprehensive health benefit plans, and programs available under the
31 optional alternative plans, as authorized under G.S. 135-40 are not subject to the
32 requirements of Chapter 143 of the General Statutes. The Executive Administrator and
33 Board of Trustees shall make reports as requested to the President of the Senate, the
34 President Pro Tempore of the Senate, the Speaker of the House of Representatives, and
35 the Committee on Employee Hospital and Medical Benefits ~~on its progress in~~
36 ~~negotiating the preferred provider contracts.~~ Benefits."

37 **SECTION 1.(e)** Effective July 1, 2008, G.S. 135-38 is recodified as
38 G.S. 135-37.2 under Part 1A of Article 3A of Chapter 135 of the General Statutes, as
39 enacted by this act, and as recodified, reads as rewritten:

40 "**§ 135-37.2. Committee on Employee Hospital and Medical Benefits.**

41 (a) The Committee on Employee Hospital and Medical Benefits shall consist of
42 12 members as follows:

43 (1) The President Pro Tempore of the Senate or a designee thereof;

44 ~~(2a)~~(2)The Speaker of the House of Representatives or a designee thereof;

1 ~~(3a)~~(3) Five members of the Senate appointed by the President Pro Tempore
2 of the Senate; and

3 ~~(4a)~~(4) Five members of the House of Representatives appointed by the
4 Speaker.

5 (b) The President Pro Tempore of the Senate and the Speaker of the House of
6 Representatives, or their designees, shall remain on the Committee for the duration of
7 their terms in those offices. Terms of the other Committee members are for two years
8 ~~and begin on January 15 of each odd-numbered year, except the terms of the initial~~
9 ~~members, which begin on appointment and expire January 14, 1997.~~years. Members
10 may complete a term of service on the Committee even if they do not seek reelection or
11 are not reelected to the General Assembly, but resignation or removal from service in
12 the General Assembly constitutes resignation or removal from service on the
13 Committee. Members shall serve until their successors are appointed.

14 (c) The Committee shall review programs of hospital, medical and related care
15 provided by ~~Part 3 and~~ Part 3A and Part 5 of this Article and programs of long-term
16 care benefits provided by ~~Part 4~~Part 4A of this Article as recommended by the
17 Executive Administrator and Board of Trustees of the Plan. The Executive
18 Administrator and the Board of Trustees shall provide the Committee with any
19 information or assistance requested by the Committee in performing its duties under this
20 Article. The Committee shall meet not less than once each quarter to review the actions
21 of the Executive Administrator and Board of Trustees. At each meeting, the Executive
22 Administrator shall report to the Committee on any administrative and medical policies
23 which have been issued as rules ~~and regulations~~ in accordance with
24 ~~G.S. 135-39.8,~~G.S. 135-38.11 and on any benefit denials, resulting from the policies,
25 which have been appealed to the Board of Trustees.

26 (d) The time members spend on Committee business shall be considered official
27 legislative business for purposes of G.S. 120-3."

28 **SECTION 1.(f)** G.S. 135-38.1, as amended by Section 28.22A(o) of S.L.
29 2007-323, is recodified under Part 1A of Article 3A of Chapter 135 of the General
30 Statutes, as enacted by this act.

31 **SECTION 2.(a)** Effective July 1, 2008, Part 2 of Article 3A of Chapter 135
32 of the General Statutes, as enacted by this act, is recodified as Part 2A of Article 3A of
33 Chapter 135 of the General Statutes.

34 **SECTION 2.(b)** Effective July 1, 2008, G.S. 135-39.3, as amended by S.L.
35 2007-323(o), is recodified as G.S. 135-37.3 under Part 2A of Article 3A of Chapter 135
36 of the General Statutes, as enacted by this act, and as recodified, reads as rewritten:
37 "**§ 135-37.3. Oversight team.**

38 (a) The Committee on Employee Hospital and Medical Benefits may use
39 employees of the Legislative Services Office and may employ contractual services as
40 approved by the Legislative Services Commission to monitor the Executive
41 Administrator and Board of Trustees, the Claims Processor, and the State Health Plan
42 for Teachers and State Employees. The Director of the Budget may use employees of
43 the Office of State Budget and Management to monitor the Executive Administrator and
44 Board of Trustees, the Claims Processor, and the State Health Plan for Teachers and

1 State Employees. ~~Such assistance~~ Employees authorized by the Legislative Services
2 Commission and the Director of the Budget to provide assistance to the Committee on
3 Employee Hospital and Medical Benefits and to the Director of the Budget shall
4 comprise an oversight team.

5 (b) The oversight team shall, jointly or individually, have access to all records of
6 the Board of Trustees, the Executive Administrator, the Claims Processor, and the
7 ~~Comprehensive Major Medical Plan.~~ The oversight team shall, jointly or
8 individually, be entitled to attend all meetings of the Board of Trustees.

9 (c) The oversight team shall report to the Committee on Employee Hospital and
10 Medical Benefits when requested by the Committee."

11 **SECTION 2.(c)** G.S. 135-39.9 is recodified as G.S. 135-37.4 under Part 2A
12 of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and as
13 recodified, reads as rewritten:

14 "**§ 135-37.4. Reports to the General Assembly.**

15 (a) The Executive Administrator and Board of Trustees shall report to the
16 General Assembly at such times and in such forms as shall be ~~provided~~ designated by
17 the Committee on Employee Hospital and Medical Benefits."

18 **SECTION 2.(d)** G.S. 135-39.11 is recodified as G.S. 135-37.5 under Part
19 2A of this Article, as enacted by this act, and as recodified, reads as rewritten:

20 "**§ 135-37.5. ~~Contract disputes.~~ Contract disputes not contested case under the**
21 **Administrative Procedure Act, Chapter 150B of the General Statutes.**

22 A dispute involving the performance, terms, or conditions of a contract between the
23 Plan and an entity under contract with the Plan is not a contested case under Article 3 of
24 Chapter 150B of the General Statutes."

25 **SECTION 2.(e)** G.S. 135-39, as amended by Section 28.22A(o) of S.L.
26 2007-323, is recodified as G.S. 135-38.2 under Part 2A of Article 3A of Chapter 135 of
27 the General Statutes, as enacted by this act, and as recodified, reads as rewritten:

28 "**§ 135-38.2. Board of Trustees established.**

29 (a) There is ~~hereby~~ established the Board of Trustees of the State Health Plan for
30 Teachers and State Employees ("Board").

31 ~~(a)~~ (b) The Board shall consist of nine members.

32 ~~(b)~~ (c) Three members shall be appointed by the Governor. ~~Of the initial members,~~
33 ~~one shall serve a term to expire June 30, 1983, and two shall serve terms to expire June~~
34 ~~30, 1984. Subsequent terms~~ Terms shall be for two years. Vacancies shall be filled by
35 the Governor. Of the members appointed by the Governor, one shall be either:

- 36 (1) An employee of a State department, agency, or institution;
- 37 (2) A teacher employed by a North Carolina public school system;
- 38 (3) A retired employee of a State department, agency, or institution; or
- 39 (4) A retired teacher from a North Carolina public school system.

40 ~~(c)~~ (d) Three members shall be appointed by the General Assembly upon the
41 recommendation of the Speaker of the House of Representatives in accordance with
42 G.S. 120-121. ~~Of the initial members, two shall serve terms expiring June 30, 1983, and~~
43 ~~one shall serve a term expiring June 30, 1984.~~ Terms shall be for two years. Vacancies
44 shall be filled in accordance with G.S. 120-122.

1 ~~(d)~~(e) Three members shall be appointed by the General Assembly upon the
2 recommendation of the President Pro Tempore of the Senate in accordance with
3 G.S. 120-121. ~~Of the initial members, two shall serve terms expiring June 30, 1983, and~~
4 ~~one shall serve a term expiring June 30, 1984.~~ Terms shall be for two years. Vacancies
5 shall be filled in accordance with G.S. 120-122.

6 ~~(e)~~(f) ~~The Governor shall have the power to remove any member appointed by him~~
7 ~~under subsection (b). The General Assembly may remove any member appointed under~~
8 ~~subsections (c) or (d).~~ Each appointing authority may remove any member appointed by
9 that appointing authority.

10 ~~(f)~~(g) The members of the Board of Trustees shall receive one hundred dollars
11 (\$100.00) per day, except employees eligible to enroll in the Plan, whenever the full
12 Board of Trustees holds a public session, and travel allowances under G.S. 138-6 when
13 traveling to and from meetings of the Board of Trustees or hearings under
14 ~~G.S. 135-39.7, G.S. 135-38.10,~~ but shall not receive any subsistence allowance or per
15 diem under G.S. 138-5, except when holding a meeting or hearing where this section
16 does not provide for payment of one hundred dollars (\$100.00) per day.

17 (h) No member of the Board of Trustees may serve more than three consecutive
18 two-year terms.

19 (i) Meetings of the Board of Trustees may be called by the Executive
20 Administrator, the ~~Chairman, Chair,~~ or by any three members."

21 **SECTION 2.(f)** G.S. 135-39.2 is recodified as G.S. 135-38.3 under Part 2A
22 of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and as
23 recodified, reads as rewritten:

24 **"§ 135-38.3. Officers, quorum, meetings.**

25 (a) The Board of Trustees shall elect from its own membership such officers as it
26 sees fit.

27 (b) Six members of the Board of Trustees in office shall constitute a quorum.
28 Decisions of the Board of Trustees shall be made by a majority vote of the Trustees
29 present, except as otherwise provided in this Part.

30 (c) Meetings may be called by the ~~Chairman, Chair,~~ or at the written request of
31 three members."

32 **SECTION 2.(g)** G.S. 135-39.1, as amended by Section 28.22A(o) of S.L.
33 2007-323, is recodified as G.S. 135-38.4 under Part 2A of Article 3A of Chapter 135 of
34 the General Statutes, as enacted by this act.

35 **SECTION 2.(h)** G.S. 135-39.4A, as amended by Section 28.22A of S.L.
36 2007-323, is recodified as G.S. 135-38.5 under Part 2A of Article 3A of Chapter 135 of
37 the General Statutes as enacted by this act, and as recodified, reads as rewritten:

38 **"§ 135-38.5. Executive Administrator.**

39 (a) The Plan shall have an Executive Administrator and a Deputy Executive
40 Administrator. The Executive Administrator and the Deputy Executive Administrator
41 positions are exempt from the provisions of Chapter 126 of the General Statutes as
42 provided in G.S. 126-5(c1).

43 (b) The Executive Administrator shall be appointed by the Commissioner of
44 Insurance. The term of employment and salary of the Executive Administrator shall be

1 set by the Commissioner of Insurance upon the advice of an executive committee of the
2 Committee on Employee Hospital and Medical Benefits.

3 The Executive Administrator may be removed from office by the Commissioner of
4 Insurance, upon the advice of an executive committee of the Committee on Employee
5 Hospital and Medical Benefits, and any vacancy in the office of Executive
6 Administrator may be filled by the Commissioner of Insurance with the term of
7 employment and salary set upon the advice of an executive committee of the Committee
8 on Employee Hospital and Medical Benefits.

9 ~~(f)~~(c) The Executive Administrator shall appoint the Deputy Executive
10 Administrator and may employ such clerical and professional staff, and such other
11 assistance as may be necessary to assist the Executive Administrator and the Board of
12 Trustees in carrying out their duties and responsibilities under this Article. The
13 Executive Administrator may designate managerial, professional, or policy-making
14 positions as exempt from the State Personnel Act. The Executive Administrator may
15 also negotiate, renegotiate and execute contracts with third parties in the performance of
16 ~~his-the Executive Administrator's~~ duties and responsibilities under this Article; provided
17 any contract negotiations, renegotiations and execution with a Claims Processor, with
18 ~~an optional hospital and medical benefit plan or program authorized under~~
19 G.S. 135-40, an optional alternative comprehensive health benefit plan, or program
20 thereunder, authorized under G.S. 135-39.12, with a preferred provider of institutional
21 or professional hospital and medical care, or with a pharmacy benefit manager shall be
22 done only after consultation with the Committee on Employee Hospital and Medical
23 Benefits.

24 ~~(g)~~(d) The Executive Administrator shall be responsible for:

- 25 (1) Cost management programs;
- 26 (2) Education and illness prevention programs;
- 27 (3) Training programs for Health Benefit Representatives;
- 28 (4) Membership functions;
- 29 (5) Long-range planning;
- 30 (6) Provider and participant relations; and
- 31 (7) Communications.

32 Managed care practices used by the Executive Administrator in cost management
33 programs are subject to the requirements of G.S. 58-3-191, 58-3-221, 58-3-223,
34 58-3-235, 58-3-240, 58-3-245, 58-3-250, 58-3-265, 58-67-88, and 58-50-30.

35 ~~(h)~~(e) The Executive Administrator shall make reports and recommendations on the
36 Plan to the President of the Senate, the Speaker of the House of Representatives and the
37 Committee on Employee Hospital and Medical Benefits."

38 **SECTION 2.(i)** G.S. 135-39.10, as amended by Section 28.22A(d),(o) of
39 S.L. 2007-323, is recodified as G.S. 135-38.6 under Part 2A of Article 3A of Chapter
40 135 of the General Statutes, as enacted by this act.

41 **SECTION 2.(j)** G.S. 135-39.5 is recodified as G.S. 135-38.7 under Part 2A
42 of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and as
43 recodified, reads as rewritten:

1 "§ 135-38.7. Powers and duties of the Executive Administrator and Board of
2 Trustees.

3 The Executive Administrator and Board of Trustees of the Teachers' and State
4 Employees' Comprehensive Major Medical Plan shall have the following powers and
5 duties:

- 6 (1) Supervising and monitoring of the Claims Processor.
- 7 (2) Providing for enrollment of employees in the Plan.
- 8 (3) Communicating with employees enrolled under the Plan.
- 9 (4) Communicating with health care providers providing services under
10 the Plan.
- 11 (5) Making payments at appropriate intervals to the Claims Processor for
12 benefit costs and administrative costs.
- 13 (6) Conducting administrative reviews under
14 ~~G.S. 135-39.7~~G.S. 135-38.10.
- 15 (7) Annually assessing the performance of the Claims Processor.
- 16 (8) Preparing and submitting to the Governor and the General Assembly
17 cost estimates for the ~~health benefits plan~~, Plan, including those
18 required by Article 15 of Chapter 120 of the General Statutes.
- 19 (9) Recommending to the Governor and the General Assembly changes or
20 additions to the health benefits ~~program~~programs and health care cost
21 containment ~~programs~~, programs offered under the Plan, together with
22 statements of financial and actuarial effects as required by Article 15
23 of Chapter 120 of the General Statutes.
- 24 (10) Working with State employee groups to improve health benefit
25 programs.
- 26 (11) Repealed by Session Laws 1985, c. 732, s. 9.
- 27 (12) Determining basis of payments to health care providers, including
28 payments in accordance with G.S. 58-50-56. ~~The Comprehensive
29 Major Medical Plan and optional plans and programs adopted pursuant
30 to G.S. 135-39.5B shall comply with G.S. 58-3-225.~~
- 31 (13) Requiring bonding of the Claims Processor in the handling of State
32 funds.
- 33 (14) Repealed by Session Laws 1985, c. 732, s. 7.
- 34 (15) In case of termination of the contract under ~~G.S. 135-39.5A~~,
35 subdivision (29) of this section, to select a new Claims Processor, after
36 ~~competitive~~-bidding procedures approved by the Department of
37 Administration.
- 38 (16) Notwithstanding the provisions of ~~Part 3~~ Part 3A of this Article, to
39 formulate and implement cost-containment measures which are not in
40 direct conflict with that Part.
- 41 (17) Implementing pilot programs necessary to evaluate proposed cost
42 containment measures which are not in direct conflict with ~~Part 3~~ Part
43 3A of this Article, and expending funds necessary for the
44 implementation of ~~such~~the pilot programs.

- 1 (18) Authorizing coverage for alternative forms of care not otherwise
2 provided by the Plan in individual cases when medically necessary,
3 medically equivalent to services covered by the Plan, and when such
4 alternatives would be less costly than would have been otherwise.
- 5 (19) Establishing and operating a hospital and other provider bill audit
6 program and a fraud detection program.
- 7 (20) Determining administrative and medical policies that are not in direct
8 conflict with ~~Part 3~~ Part 3A of this Article ~~upon the advice of~~ after
9 consultation with the Claims Processor and upon the advice of the
10 Plan's consulting actuary when Plan costs are involved.
- 11 (21) Supervising the payment of claims and all other disbursements under
12 this Article, including the recovery of any disbursements that are not
13 made in accordance with the provisions of this Article.
- 14 (22) Implementing and administering a program of long-term care benefits
15 pursuant to ~~Part 4~~ Part 4A of this Article.
- 16 (23) Implementing and administering a program of child health insurance
17 benefits pursuant to Part 5 of this Article.
- 18 (24) Implementing and administering a case management and disease
19 management ~~program~~ program and a wellness program.
- 20 (25) Implementing and administering a pharmacy benefit management
21 program through a third-party contract awarded after receiving
22 competitive quotes.
- 23 ~~(26) Increasing annually the amount of the annual deductible and annual~~
24 ~~aggregate maximum deductible. The increase shall be established by~~
25 ~~determining the ratio of the CPI Medical Index to such index one year~~
26 ~~earlier. If the ratio indicates an increase in the CPI Medical Index, then~~
27 ~~the amount of the annual deductible and annual aggregate maximum~~
28 ~~deductible may be increased by not more than the percentage increase~~
29 ~~in the CPI Medical Index. As used in this subdivision, the term~~
30 ~~"CPI Medical Index" means the U.S. Consumer Price Index for All~~
31 ~~Urban Consumers for Total Medical Care.~~
- 32 (27) The Executive Administrator may establish pilot programs to measure
33 potential cost savings and improvements in patient care available
34 through local, provider-driven medical management.
- 35 (28) It is the intent of the General Assembly that active employees and
36 retired employees covered under the Plan and its successor Plan shall
37 have several opportunities in each fiscal year to attend presentations
38 conducted by Plan management staff providing detailed information
39 about benefits, limitations, premiums, co-payments, and other
40 pertinent Plan matters. To this end, beginning in 2007 and annually
41 thereafter, the Plan's management staff shall conduct multiple
42 presentations each year to Plan members and association groups
43 representing active and retired employees across all geographic
44 regions of the State. Regional meetings shall be held in locations that

1 afford reasonably convenient access to Plan members. The
2 presentations shall be designed not only to present information about
3 the Plan but also to hear and respond to Plan members' questions and
4 concerns.

5 (29) The Executive Administrator and Board of Trustees may terminate the
6 contract with the Claims Processor ~~as provided in the request for~~
7 ~~proposal in accordance with the terms of the contract.~~

8 (30) The prompt pay requirements of G.S. 58-3-225 apply to the Plan."

9 **SECTION 2.(k)** G.S. 135-39.5A is recodified as G.S. 135-38.7(29), as
10 enacted by this act.

11 **SECTION 2.(l)** G.S. 135-39.6 is recodified as G.S. 135-38.8 under Part 2A
12 of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and as
13 recodified reads as rewritten:

14 **"§ 135-38.8. ~~Special-Health benefit trust funds created.~~**

15 (a) There are hereby established two ~~special-health benefit trust~~ funds, to be
16 known as the Public Employee Health Benefit Fund and the Health Benefit Reserve
17 Fund for the payment of hospital and medical benefits. As used in this section, the term
18 "health benefit trust funds" refers to the fund type described under
19 G.S. 143C-1-3(a)(10).

20 All premiums, fees, charges, rebates, refunds or any other receipts including, but not
21 limited to, earnings on investments, occurring or arising in connection with health
22 benefits programs established by this Article, shall be deposited into the Public
23 Employee Health Benefit Fund. Disbursements from the Fund shall include any and all
24 amounts required to pay the benefits and administrative costs of such programs as may
25 be determined by the Executive Administrator and Board of Trustees.

26 Any unencumbered balance in excess of prepaid premiums or charges in the Public
27 Employee Health Benefit Fund at the end of each fiscal year shall be used first, to
28 provide an actuarially determined Health Benefit Reserve Fund for incurred but
29 unrepresented claims, second, to reduce the premiums required in providing the benefits
30 of the health benefits programs, and third to improve the plan, as may be provided by
31 the General Assembly. The balance in the Health Benefits Reserve Fund may be
32 transferred from time to time to the Public Employee Health Benefit Fund to provide for
33 any deficiency occurring therein.

34 The Public Employee Health Benefit Fund and the Health Benefit Reserve Fund
35 shall be deposited with the State Treasurer and invested as provided in G.S. 147-69.2
36 and 147-69.3.

37 (b) Disbursement from the Public Employee Health Benefit Fund may be made
38 by warrant drawn on the State Treasurer by the Executive Administrator, or the
39 Executive Administrator and Board of Trustees may by contract authorize the Claims
40 Processors to draw the warrant.

41 (c) Separate and apart from the ~~special-health benefit trust~~ funds authorized by
42 subsections (a) and (b) of this section, there shall be a Public Employee Long-Term
43 Care Benefit Fund if the long-term care benefits provided by Part 4 of this Article are
44 administered on a self-insured basis.

1 (d) Separate and apart from the special funds authorized by subsections (a), (b),
2 and (c) of this section, there shall be a Child Health Insurance Fund. All premium
3 receipts or any other receipts, including earnings on investments, occurring or arising in
4 connection with acute medical care benefits provided under the Health Insurance
5 Program for Children shall be deposited into the Child Health Insurance Fund.
6 Disbursements from the Child Health Insurance Fund shall include any and all amounts
7 required to pay the benefits and administrative costs of the Health Insurance Program
8 for Children as may be determined by the Executive Administrator and Board of
9 Trustees."

10 **SECTION 2.(m)** G.S. 135-39.6A, as amended by Section 11 of S.L.
11 2007-345, and as further amended by Section 28.22A(m),(o) of S.L. 2007-323, is
12 recodified as G.S. 135-38.9 under Part 2A of Article 3 of Chapter 135 of the General
13 Statutes, as enacted by this act, and as recodified, reads as rewritten:

14 "**§ 135-38.9. Premiums set.**

15 (a) The Executive Administrator and Board of Trustees shall, from time to time,
16 establish premium rates for the Plan except as they may be established by the General
17 Assembly in the Current Operations Appropriations Act, and establish ~~regulations~~ rules
18 for payment of the premiums. Premium rates shall be established for coverages where
19 Medicare is the primary payer of health benefits separate and apart from the rates
20 established for coverages where Medicare is not the primary payer of health benefits.
21 The amount of State funds contributed for optional coverage for employees and retirees
22 on a partially contributory basis shall not be more than the Plan's total noncontributory
23 premium for Employee Only coverage, with the person selecting the coverage paying
24 the balance of the partially contributory premium not paid by the Plan. The amount of
25 State funds contributed shall not exceed the Plan's cost for Employee Only coverage.
26 The Executive Administrator and Board of Trustees shall not impose a partially
27 contributory premium until after it has consulted on the premium and the optional
28 coverage design with the Committee on Employee Hospital and Medical Benefits.

29 (b) The Executive Administrator and Board of Trustees shall establish separate
30 premium rates for the long-term care benefits provided by ~~Part 4~~ Part 4A of this Article
31 if the benefits are administered on a self-insured basis.

32 (c) The Executive Administrator and Board of Trustees shall establish premium
33 rates for benefits provided under Part 5 of this Article. The Department of Health and
34 Human Services shall, from State and federal appropriations and from any other funds
35 made available for the Health Insurance Program for Children established under Part 8
36 of Article 2 of Chapter 108A of the General Statutes, make payments to the State Health
37 Plan for Teachers and State Employees as determined by the Plan for its administration,
38 claims processing, and other services authorized to provide coverage for acute medical
39 care for children eligible for benefits provided under Part 5 of this Article.

40 (d) In setting premiums for ~~firemen, firefighters,~~ rescue squad workers, and
41 members of the national guard, and their eligible dependents, the Executive
42 Administrator and Board of Trustees shall establish rates separate from those affecting
43 other members of the Plan. These separate premium rates shall include rate factors for
44 incurred but unreported claim costs, for the effects of adverse selection from voluntary

1 participation in the Plan, and for any other actuarially determined measures needed to
2 protect the financial integrity of the Plan for the benefit of its served employees, retired
3 employees, and their eligible dependents.

4 (e) The total amount of premiums due the Plan from charter schools as
5 employing units, including amounts withheld from the compensation of Plan members,
6 that is not remitted to the Plan by the fifteenth day of the month following the due date
7 of remittance shall be assessed interest of one and one-half percent (1 ½%) of the
8 amount due the Plan, per month or fraction thereof, beginning with the sixteenth day of
9 the month following the due date of the remittance. The interest authorized by this
10 section shall be assessed until the premium payment plus the accrued interest amount is
11 remitted to the Plan. The remittance of premium payments under this section shall be
12 presumed to have been made if the remittance is postmarked in the United States mail
13 on a date not later than the fifteenth day of the month following the due date of the
14 remittance."

15 **SECTION 2.(n)** G.S. 135-39.7 is recodified as G.S. 135-38.10 under Part
16 2A of Article 3A of Chapter 135 of the General Statutes as enacted by this act, and as
17 recodified, reads as rewritten:

18 "**§ 135-38.10. Administrative review.**

19 (a) If, after exhaustion of internal appeal handling as outlined in the contract with
20 the Claims Processors any person is aggrieved, the Claims Processors shall bring the
21 matter to the attention of the Executive Administrator and Board of Trustees, which
22 shall promptly decide whether the subject matter of the appeal is a determination subject
23 to external review under Part 4 of Article 50 of Chapter 58 of the General Statutes. The
24 Executive Administrator and Board of Trustees shall inform the aggrieved person and
25 the aggrieved person's provider of the decision and shall provide the aggrieved person
26 notice of the aggrieved person's right to appeal that decision as provided in this
27 subsection. If the Executive Administrator and Board of Trustees decide that the subject
28 matter of the appeal is not a determination subject to external review, then the Executive
29 Administrator and Board of Trustees may make a binding decision on the matter in
30 accordance with procedures established by the Executive Administrator and Board of
31 Trustees. The Executive Administrator and Board of Trustees shall provide a written
32 summary of the decisions made pursuant to this section to all employing units, all health
33 benefit representatives, the oversight team provided for in ~~G.S. 135-39.3~~, G.S. 135-37.3,
34 all relevant health care providers affected by a decision, and to any other parties
35 requesting a written summary and approved by the Executive Administrator and Board
36 of Trustees to receive a summary immediately following the issuance of a decision. A
37 decision by the Executive Administrator and Board of Trustees that a matter raised on
38 internal appeal is a determination subject to external review as provided in subsection
39 (b) of this section may be contested by the aggrieved person under Chapter 150B of the
40 General Statutes. The person contesting the decision may proceed with external review
41 pending a decision in the contested case under Chapter 150B of the General Statutes.

42 (b) The Executive Administrator and Board of Trustees shall adopt and
43 implement utilization review and internal grievance procedures that are substantially
44 equivalent to those required under G.S. 58-50-61 and G.S. 58-50-62. External review of

1 determinations shall be conducted in accordance with Part 4 of Article 50 of Chapter 58
2 of the General Statutes. As used in this section, "determination" is a decision by the
3 Executive Administrator and Board of Trustees, ~~the Plan's designated utilization review~~
4 ~~organization, or a self-funded health maintenance organization or the Plan's designated~~
5 utilization review organization administrated by or under contract with the Plan that an
6 admission, availability of care, continued stay, or other health care service has been
7 reviewed and, based upon information provided, does not meet the Plan's requirements
8 for medical necessity, appropriateness, health care setting, or level of care or
9 effectiveness, and the requested service is therefore denied, reduced, or terminated.

10 (c) The Board of Trustees shall make the final agency decision in all cases
11 contested pursuant to Chapter 150B of the General Statutes. The Executive
12 Administrator shall execute the Board's final agency decisions. For purposes of
13 G.S. 150B-44, the Board of Trustees is an agency that is a board or commission."

14 **SECTION 2.(o)** G.S. 135-39.8 is recodified as G.S. 135-38.11 under Part
15 2A of Article 3A of Chapter 135 of the General Statutes as enacted by this act, and as
16 recodified, reads as rewritten:

17 "**§ 135-38.11. Rules and regulations.Rules.**

18 The Executive Administrator and Board of Trustees may ~~issue~~ adopt rules ~~and~~
19 ~~regulations~~ to implement Parts ~~2, 3, 4, and 5~~ 2A, 3A, 4A, and 5A of this Article. The
20 Executive Administrator and Board of Trustees shall provide to all employing units, all
21 health benefit representatives, the oversight team provided for in
22 ~~G.S. 135-39.3, G.S. 135-37.3,~~ all relevant health care providers affected by a ~~rule or~~
23 ~~regulation, rule,~~ and to any other persons requesting a written description and approved
24 by the Executive Administrator and Board of Trustees written notice and an opportunity
25 to comment not later than 30 days prior to adopting, amending, or rescinding a ~~rule or~~
26 ~~regulation, rule,~~ unless immediate adoption of the rule ~~or regulation~~ without notice is
27 necessary in order to fully effectuate the purpose of the ~~rule or regulation.~~ rule. Rules
28 ~~and regulations~~ of the Board of Trustees shall remain in effect until amended or
29 repealed by the Executive Administrator and Board of Trustees. The Executive
30 Administrator and Board of Trustees shall provide a written description of the rules ~~and~~
31 ~~regulations issued~~ adopted under this section to all employing units, all health benefit
32 representatives, the oversight team provided for in ~~G.S. 135-39.3, G.S. 135-37.3,~~ all
33 relevant health care providers affected by a ~~rule or regulation, rule,~~ and to any other
34 persons requesting a written description and approved by the Executive Administrator
35 and Board of Trustees on a timely basis. Rules adopted by the Executive Administrator
36 and Board of Trustees to implement this Article are not subject to Article 2A of Chapter
37 150B of the General Statutes."

38 **SECTION 2.1.** Effective when this act becomes law, Part 2A of Article 3A
39 of Chapter 135 of the General Statutes, as enacted by this act, is amended by adding a
40 new section to read:

41 "**§ 135.38.5A. State Health Plan Administrative Commission. – Creation;**
42 **membership; appointments, terms, and vacancies; officers; meetings and**
43 **quorum; compensation.**

1 (a) The State Health Plan Administrative Commission (hereinafter
2 "Commission") is created. It is composed of three members appointed by the General
3 Assembly as follows:

4 (1) In 2008 and quadrennially thereafter, two members appointed for two-
5 year terms by the General Assembly upon the recommendation of the
6 Speaker of the House of Representatives in accordance with G.S.
7 120-121, and in 2010 and quadrennially thereafter, one member
8 appointed for a two-year term by the General Assembly upon the
9 recommendation of the Speaker of the House of Representatives in
10 accordance with G.S. 120-121.

11 (2) In 2008 and quadrennially thereafter, one member appointed for a two-
12 year term by the General Assembly upon the recommendation of the
13 President Pro Tempore of the Senate in accordance with G.S. 120-121,
14 and in 2010 and quadrennially thereafter, two members appointed for
15 two-year terms by the General Assembly upon the recommendation of
16 the President Pro Tempore of the Senate in accordance with G.S.
17 120-121.

18 (b) Terms of office shall commence July 1 and end June 30, except that the terms
19 of the initial members shall commence upon appointment and expire June 30, 2010.

20 (c) The Commissioner of Insurance or his designee serves as secretary of the
21 Commission.

22 (d) Vacancies in appointments made by the General Assembly shall be filled in
23 accordance with G.S. 120-122.

24 (e) The Governor may remove any member of the Commission from office after
25 a hearing for nonfeasance, misfeasance, or malfeasance. The General Assembly may
26 remove any member of the Commission.

27 (f) The Commission shall elect from its membership a chair and a vice-chair to
28 serve terms coterminous with the terms of the members.

29 (g) The Commission meets at the call of the chair or upon written request of at
30 least two members.

31 (h) The Commission shall be located administratively within the Department of
32 Insurance but shall exercise all of its prescribed statutory powers independently of the
33 Commissioner of Insurance.

34 (i) A majority of the Commission shall constitute a quorum for the transaction of
35 business.

36 (j) Members of the Commission shall receive travel allowances under G.S. 138-6
37 when traveling to and from meetings of the Commission, but shall not receive any
38 subsistence allowance or per diem under G.S. 138-5."

39 **SECTION 2.2.** Effective the later of 10 days after this act becoming law or
40 the appointment of at least two members of the State Health Plan Administrative
41 Commission as established by Section 3.1 of this act, G.S. 135-38.5(b), as recodified
42 and rewritten by Section 2(h) of this act, reads as rewritten:

43 "(b) The Executive Administrator shall be appointed by the ~~Commissioner of~~
44 ~~Insurance.~~ State Health Plan Administrative Commission. The term of employment and

1 salary of the Executive Administrator shall be set by the ~~Commissioner of Insurance~~
2 State Health Plan Administrative Commission upon the advice of an executive
3 committee of the Committee on Employee Hospital and Medical Benefits.

4 The Executive Administrator may be removed from office by the ~~Commissioner of~~
5 ~~Insurance, State Health Plan Administrative Commission,~~ upon the advice of an
6 executive committee of the Committee on Employee Hospital and Medical Benefits,
7 and any vacancy in the office of Executive Administrator may be filled by the
8 ~~Commissioner of Insurance State Health Plan Administrative Commission~~ with the term
9 of employment and salary set upon the advice of an executive committee of the
10 Committee on Employee Hospital and Medical Benefits."

11 **SECTION 3.(a)** Effective July 1, 2008, Part 3 of Article 3A of Chapter 135
12 of the General Statutes, as enacted by this act, is recodified as Part 3A of Article 3A of
13 Chapter 135 of the General Statutes.

14 **SECTION 3.(b)** Effective July 1, 2008, G.S. 135-40 is repealed.

15 **SECTION 3.(c)** Part 3A of Article 3A of Chapter 135 of the General
16 Statutes, as enacted by this act, is amended by adding the following new section to read:

17 **"§ 135-39.12. Undertaking.**

18 (a) The State of North Carolina undertakes to make available a State Health Plan
19 (hereinafter called the "Plan") exclusively for the benefit of eligible employees, eligible
20 retired employees, and certain of their eligible dependents, which will pay benefits in
21 accordance with the terms of this Article. The Plan shall have all the powers and
22 privileges of a corporation and shall be known as the State Health Plan for Teachers and
23 State Employees. The Executive Administrator and Board of Trustees shall carry out
24 their duties and responsibilities as fiduciaries for the Plan. The Plan shall administer one
25 or more group health plans that are comprehensive in coverage and shall provide
26 eligible employees and retired employees coverage on a noncontributory basis under at
27 least one of the group plans with benefits equal to that specified in subsection (g) of this
28 section. The Executive Administrator and Board of Trustees may operate group plans as
29 a preferred provider option, or health maintenance, point-of-service, or other
30 organizational arrangement and may offer the plans to employees and retirees on a
31 noncontributory or partially contributory basis. Plans offered on a partially contributory
32 basis must provide benefits that are additional to that specified in subsection (g) of this
33 section and may not be offered unless approved in an act of the General Assembly.

34 (b) Individuals eligible for coverage under G.S. 135-39.14 on a fully or partially
35 contributory basis are eligible to participate in any plan authorized under this section.

36 (c) The State of North Carolina deems it to be in the public interest for North
37 Carolina firefighters, rescue squad workers, and members of the national guard, and
38 certain of their dependents, who are not eligible for any other type of comprehensive
39 group health insurance or other comprehensive group health benefits, and who have
40 been without any form of group health insurance or other comprehensive group health
41 benefit coverage for at least six consecutive months, to be given the opportunity to
42 participate in the benefits provided by the State Health Plan for Teachers and State
43 Employees. Coverage under the Plan shall be voluntary for eligible firefighters, rescue

1 squad workers, and members of the national guard who elect participation in the Plan
2 for themselves and their eligible dependents.

3 (d) The Plan benefits shall be provided under contracts between the Plan and the
4 claims processors selected by the Plan. The Executive Administrator may contract with
5 a pharmacy benefits manager to administer pharmacy benefits under the Plan. Such
6 contracts shall include the applicable provisions of G.S. 135-39.13 through
7 G.S. 135-39.27 and the description of the Plan in the request for proposal, and shall be
8 administered by the respective claims processor or Pharmacy Benefits Manager, which
9 will determine benefits and other questions arising thereunder. The contracts necessarily
10 will conform to applicable State law. If any of the provisions of G.S. 135-39.13 through
11 G.S. 135-39.27 and the request for proposals must be modified for inclusion in the
12 contract because of State law, such modification shall be made.

13 (e) Payroll deduction shall be available for coverage under this Part for
14 subscribers able to meet the Plan's requirements for payroll deduction.

15 (f) Notwithstanding any other provisions of the Plan, the Executive
16 Administrator and Board of Trustees are specifically authorized to use all appropriate
17 means to secure tax qualification of the Plan under any applicable provisions of the
18 Internal Revenue Code of 1954 as amended. The Executive Administrator and Board of
19 Trustees shall furthermore comply with all applicable provisions of the Internal
20 Revenue Code as amended, to the extent that this compliance is not prohibited by this
21 Article.

22 (g) The Executive Administrator and Board of Trustees shall not change the
23 Plan's comprehensive health benefit coverage, co-payments, deductibles, out-of-pocket
24 expenditures, and lifetime maximums in effect on July 1, 2008, that would result in a
25 net increased cost to the Plan or in a reduction in benefits to Plan members unless and
26 until the proposed changes are directed to be made in an act of the General Assembly."

27 **SECTION 3.(d)** G.S. 135-40.1 is repealed.

28 **SECTION 3.(e)** Part 3A of Article 3A of Chapter 135 of the General
29 Statutes, as enacted by this act, is amended by adding the following new section to read:
30 **"§ 135-39.13. General Definitions.**

31 As used in this Article unless the context clearly requires otherwise, the following
32 definitions apply:

33 (1) Allowed amount. – The charge that the Plan or its claims processors
34 determines is reasonable for covered services provided to a Plan
35 member. This amount may be established in accordance with an
36 agreement between the provider and the Plan or its claims processor.
37 In the case of providers that have not entered into an agreement with
38 the Plan or its claims processor, the allowed amount will be the lesser
39 of the provider's actual charge or a reasonable charge established by
40 the Plan or its claims processor using a methodology that is applied to
41 comparable providers for similar services under a similar health
42 benefit plan.

- 1 (2) Benefit period. – The period of time during which charges for covered
2 services provided to a Plan member must be incurred in order to be
3 eligible for payment by the Plan.
- 4 (3) Chemical dependency. – The pathological use or abuse of alcohol or
5 other drugs in a manner or to a degree that produces an impairment in
6 personal, social, or occupational functioning and which may, but need
7 not, include a pattern of tolerance and withdrawal.
- 8 (4) Claims Processor. – One or more administrators, third-party
9 administrators, or other parties contracting with the Plan to administer
10 Plan benefits.
- 11 (5) Clinical trials. – Patient research studies designed to evaluate new
12 treatments, including prescription drugs. Coverage for clinical trials
13 shall be as provided in G.S. 135-39.20.
- 14 (6) Comprehensive health benefit plan. – Health care coverage that
15 consists of inpatient and outpatient hospital and medical benefits, as
16 well as other outpatient medical services, prescription drugs, medical
17 supplies, and equipment that are generally available in the health
18 insurance market.
- 19 (7) Covered service; benefit; allowable expense. – Any medically
20 necessary, reasonable, and customary items of service, including
21 prescription drugs, and medical supplies included in the Plan.
- 22 (8) Deductible. – The dollar amount that must be incurred for certain
23 covered services in a benefit period before benefits are payable by the
24 Plan.
- 25 The deductible applies separately to each covered individual in
26 each fiscal year, subject to an aggregate maximum per employee and
27 child, employee and spouse, or employee and family coverage contract
28 in any fiscal year.
- 29 If two or more family members are injured in the same accident,
30 only one deductible is required for charges related to that accident
31 during the benefit period.
- 32 (9) Dependent. – An eligible Plan member other than the subscriber.
- 33 (10) Dependent child. – A natural, legally adopted, or foster child or
34 children of the employee and or spouse, unmarried, up to the first of
35 the month following his or her 19th birthday, whether or not the child
36 is living with the employee, as long as the employee is legally
37 responsible for such child's maintenance and support. Dependent child
38 shall also include any child under age 19 who has reached his or her
39 18th birthday, provided the employee was legally responsible for such
40 child's maintenance and support on his or her 18th birthday.
41 Dependent children of firefighters, rescue squad workers, and
42 members of the national guard are subject to the same terms and
43 conditions as are other dependent children covered by this subdivision.

- 1 Eligibility of dependent children is subject to the requirements of
2 G.S. 135-39.14(d).
- 3 (11) Employee or State employee. – Any permanent full-time or permanent
4 part-time regular employee (designated as half-time or more) of an
5 employing unit.
- 6 (12) Employing Unit. – A North Carolina School System; Community
7 College; State Department, Agency, or Institution; Administrative
8 Office of the Courts; or Association or Examining Board whose
9 employees are eligible for membership in a State-Supported
10 Retirement System. An employing unit also shall mean a charter
11 school in accordance with Part 6A of Chapter 115C of the General
12 Statutes whose board of directors elects to become a participating
13 employer in the Plan under G.S. 135-39.17. Bona fide fire
14 departments, rescue or emergency medical service squads, and
15 national guard units are deemed to be employing units for the purpose
16 of providing benefits under this Article.
- 17 (13) Experimental/Investigational. – Experimental/Investigational Medical
18 Procedures. – The use of a service, supply, drug, or device not
19 recognized as standard medical care for the condition, disease, illness,
20 or injury being treated as determined by the Executive Administrator
21 and Board of Trustees upon the advice of the Claims Processor.
- 22 (14) Firefighter. – Eligible firefighters as defined by G.S. 58-86-25 who
23 belong to a bona fide fire department as defined by G.S. 58-86-25 and
24 who are not eligible for any type of comprehensive group health
25 insurance or other comprehensive group health benefit coverage and
26 who have been without any form of group health insurance or other
27 comprehensive group health benefit coverage for at least six months.
28 Firefighter shall also include members of the North Carolina Firemen
29 and Rescue Squad Workers' Pension Fund who are in receipt of a
30 monthly pension, who are not eligible for any type of comprehensive
31 group health insurance or other comprehensive group health benefit
32 coverage, and who have been without any form of group health
33 insurance or other comprehensive group health benefit coverage for at
34 least six months. Comprehensive group health insurance and other
35 benefit coverage consists of inpatient and outpatient hospital and
36 medical benefits, as well as other outpatient medical services,
37 prescription drugs, medical supplies, and equipment that are generally
38 available in the health insurance market. For purposes of this
39 subdivision, comprehensive group health insurance and other benefit
40 coverage includes Medicare benefits, CHAMPUS benefits, and other
41 Uniformed Services benefits. North Carolina fire departments or their
42 respective governing bodies shall certify the eligibility of their
43 firefighters to the Plan for their participation in its benefits prior to
44 enrollment.

1 (15) Health Benefits Representative. – The employee designated by the
2 employing unit to administer the Plan for the unit and its employees.
3 The HBR is responsible for enrolling new employees, reporting
4 changes, explaining benefits, reconciling group statements, and
5 remitting group fees. The State Retirement System is the Health
6 Benefits Representative for retired State employees.

7 (16) Medical necessity or medically necessary. – Covered services or
8 supplies that are:

9 a. Provided for the diagnosis, treatment, cure, or relief of a health
10 condition, illness, injury, or disease; and, except for clinical
11 trials covered under the Plan, not for experimental,
12 investigational, or cosmetic purposes.

13 b. Necessary for and appropriate to the diagnosis, treatment, cure,
14 or relief of a health condition, illness, injury, disease, or its
15 symptoms.

16 c. Within generally accepted standards of medical care in the
17 community.

18 d. Not solely for the convenience of the Plan member, the Plan
19 member's family, or the provider.

20 For medically necessary services, the Plan or its representative may
21 compare the cost-effectiveness of alternative services or supplies when
22 determining which of the services or supplies will be covered and in
23 what setting medically necessary services are eligible for coverage.

24 (17) National guard members. – Members of the North Carolina army and
25 air national guard who are not eligible for any type of comprehensive
26 group health insurance or other comprehensive group health benefit
27 coverage and who have been without any form of group health
28 insurance or other comprehensive group health benefit coverage for at
29 least six months. Members of the North Carolina army and air national
30 guard include those who are actively serving in the national guard as
31 well as former members of the national guard who have completed 20
32 or more years of service in the national guard but have not attained the
33 minimum age to begin receipt of a uniformed service military
34 retirement benefit. Comprehensive group health insurance and other
35 benefit coverage consists of inpatient and outpatient hospital and
36 medical benefits, as well as other outpatient medical services,
37 prescription drugs, medical supplies, and equipment that are generally
38 available in the health insurance market. Comprehensive group health
39 insurance and other benefit coverage includes Medicare benefits,
40 Civilian Health and Medical Program of the Uniformed Services
41 (CHAMPUS) benefits, and other Uniformed Services benefits. North
42 Carolina national guard units shall certify the eligibility of their
43 members to the Plan for their participation in its benefits prior to
44 enrollment.

- 1 (18) Optional alternative comprehensive benefit plans. – Comprehensive
2 benefit plans administered by the Plan that differ in coverage,
3 deductibles, coinsurance from the Standard Plan providing for 80/20
4 coinsurance, and that are alternative choices for coverage at the option
5 of the Plan member.
- 6 (19) Plan or State Health Plan. – The North Carolina State Health Plan for
7 Teachers and State Employees. Unless otherwise expressly provided,
8 "Plan" includes all comprehensive health benefit plans offered under
9 the Plan.
- 10 (20) Plan member. – A subscriber or dependent who is eligible and
11 currently enrolled in the Plan and for whom a premium is paid.
- 12 (21) Plan year. – The period beginning July 1 and ending on June 30 of the
13 succeeding calendar year.
- 14 (22) Predecessor plan. – The Hospital and Medical Benefits for the
15 Teachers' and State Employees' Retirement System of the State of
16 North Carolina and the North Carolina Teachers' and State Employees'
17 Comprehensive Major Medical Plan.
- 18 (23) Rescue squad workers. – Eligible rescue squad workers as defined by
19 the provisions of G.S. 58-86-30 who belong to a rescue or emergency
20 medical services squad as defined by the same statute and who are not
21 eligible for any type of comprehensive group health insurance or other
22 comprehensive group health benefit coverage and who have been
23 without any form of group health insurance or other comprehensive
24 group health benefit coverage for at least six months. Rescue squad
25 workers shall also include members of the North Carolina Firemen and
26 Rescue Squad Workers' Pension Fund who are in receipt of a monthly
27 pension, who are not eligible for any type of comprehensive group
28 health insurance or other comprehensive group health benefit
29 coverage, and who have been without any form of group health
30 insurance or other comprehensive group health benefit coverage for at
31 least six months. Comprehensive group health insurance and other
32 benefit coverage consists of inpatient and outpatient hospital and
33 medical benefits, as well as other outpatient medical services,
34 prescription drugs, medical supplies, and equipment that are generally
35 available in the health insurance market. For purposes of this
36 subdivision, comprehensive group health insurance and other benefit
37 coverage includes Medicare benefits, CHAMPUS benefits, and other
38 Uniformed Services benefits. North Carolina rescue or emergency
39 medical services squads or their respective governing bodies shall
40 certify the eligibility of their rescue squad workers to the Plan for their
41 participation in its benefits prior to enrollment.
- 42 (24) Retired employee (retiree). – Retired teachers, State employees, and
43 members of the General Assembly who are receiving monthly
44 retirement benefits from any retirement system supported in whole or

1 in part by contributions of the State of North Carolina, so long as the
2 retiree is enrolled.

3 (25) Subscriber. – A Plan member who is not a dependent.

4 (26) Surviving spouse. – The spouse of a deceased Plan member who is
5 eligible for Plan enrollment."

6 **SECTION 3.(f)** G.S. 135-40.2, as amended by Section 28.22A of S.L.
7 2007-323, is recodified as G.S. 135-39.14 under Part 3A of Article 3A of Chapter 135
8 of the General Statutes, as enacted by this act, and as recodified, reads as rewritten:

9 "**§ 135-39.14. Eligibility.**

10 (a) Noncontributory Coverage. – The following persons are eligible for coverage
11 under the Plan, on a noncontributory basis, subject to the provisions of
12 ~~G.S. 135-40.3~~G.S. 135-39.16:

13 (1) All permanent full-time employees of an employing unit who meet the
14 following conditions:

15 a. Paid from general or special State funds, or

16 b. Paid from non-State funds and in a group for which his or her
17 employing unit has agreed to provide coverage.

18 Employees of State agencies, departments, institutions, boards, and
19 commissions not otherwise covered by the Plan who are employed in
20 permanent job positions on a recurring basis and who work 30 or more
21 hours per week for nine or more months per calendar year are covered
22 by the provisions of this subdivision.

23 ~~(1a)~~(2) Permanent hourly employees as defined in G.S. 126-5(c4) who work at
24 least one-half of the workdays of each pay period.

25 ~~(2)~~(3) Retired teachers, State employees, members of the General Assembly,
26 and retired State law enforcement officers who retired under the Law
27 Enforcement Officers' Retirement System prior to January 1, 1985.
28 Except as otherwise provided in this subdivision, on and after January
29 1, 1988, a retiring employee or retiree must have completed at least
30 five years of contributory retirement service with an employing unit
31 prior to retirement from any State-supported retirement system in order
32 to be eligible for group benefits under this Part as a retired employee
33 or retiree. For employees first hired on and after October 1, 2006, and
34 members of the General Assembly first taking office on and after
35 February 1, 2007, future coverage as retired employees and retired
36 members of the General Assembly is subject to a requirement that the
37 future retiree have 20 or more years of retirement service credit in
38 order to be covered by the provisions of this subdivision.

39 ~~(2a)~~(4) Surviving spouses of:

40 a. Deceased retired employees, provided the death of the former
41 plan member occurred prior to October 1, 1986; and

42 b. Deceased teachers, State employees, and members of the
43 General Assembly who are receiving a survivor's alternate
44 benefit under any of the State-supported retirement programs,

1 provided the death of the former plan member occurred prior to
2 October 1, 1986.

3 ~~(3a)~~(5) Employees of the General Assembly, not otherwise covered by this
4 section, as determined by the Legislative Services Commission, except
5 for legislative interns and pages.

6 ~~(4)~~(6) Members of the General Assembly.

7 ~~(5)~~(7) Notwithstanding the provisions of subsection (e) of this section,
8 employees on official leave of absence while completing a full-time
9 program in school administration in an approved program as a
10 Principal Fellow in accordance with Article 5C of Chapter 116 of the
11 General Statutes.

12 ~~(6)~~(8) Notwithstanding the provisions of ~~G.S. 135-40.11~~, G.S. 135-39.24
13 employees formerly covered by the provisions of this section, other
14 than retired employees, who have been employed for 12 or more
15 months by an employing unit and whose jobs are eliminated because
16 of a reduction, in total or in part, in the funds used to support the job or
17 its responsibilities, provided the employees were covered by the Plan
18 at the time of separation from service resulting from a job elimination.
19 Employees covered by this subsection shall be covered for a period of
20 up to 12 months following a separation from service because of a job
21 elimination.

22 ~~(7)~~(9) Any member enrolled pursuant to subdivision (1) or ~~(4a)~~(2) of this
23 subsection who is on approved leave of absence with pay or receiving
24 workers' compensation.

25 ~~(8)~~(10) Employees on approved Family and Medical Leave.

26 ~~(a2)~~(b) Partially Contributory. – The following persons are eligible for coverage
27 under the Plan on a partially contributory basis subject to the provisions of
28 G.S. 135-39.16:

29 (1) A school employee in a job-sharing position as defined in
30 ~~G.S. 130-40.3~~, G.S. 135-39.16. If these employees elect to participate
31 in the Plan, the employing unit shall pay fifty percent (50%) of the
32 Plan's total noncontributory premiums. Individual employees shall pay
33 the balance of the total noncontributory premiums not paid by the
34 employing unit.

35 (2) ~~(a3)~~ Subject to the provisions of ~~G.S. 135-40.3~~, G.S. 135-39.16,
36 employees and members of the General Assembly with 10 but less
37 than 20 years of retirement service credit ~~shall be eligible for coverage~~
38 ~~under the Plan on a partially contributory basis~~, provided the
39 employees were first hired on or after October 1, 2006, and the
40 members first took office on or after February 1, 2007. For such future
41 retirees, the State shall pay fifty percent (50%) of the Plan's total
42 noncontributory premiums. Individual retirees shall pay the balance of
43 the total noncontributory premiums not paid by the State.

1 ~~(a4) The Executive Administrator and Board of Trustees may in addition to~~
2 ~~noncontributory coverage offer optional coverage on a partially contributory basis and~~
3 ~~may set premium rates for the optional coverage on a partially contributory basis. The~~
4 ~~amount of State funds contributed for optional coverage on a partially contributory basis~~
5 ~~shall not be more than the Plan's total noncontributory premium for Employee Only~~
6 ~~coverage, with the person selecting the coverage paying the balance of the partially~~
7 ~~contributory premium not paid by the Plan. The amount of State funds contributed shall~~
8 ~~not exceed the Plan's cost for Employee Only coverage. The Executive Administrator~~
9 ~~and Board of Trustees shall not impose a partially contributory premium until after it~~
10 ~~has consulted on the premium and the optional coverage design with the Committee on~~
11 ~~Employee Hospital and Medical Benefits.~~

12 ~~(b)(c) Fully Contributory.~~ – The following person shall be eligible for coverage
13 under the Plan, on a fully contributory basis, subject to the provisions of
14 ~~G.S. 135-40.3:G.S. 135-39.16:~~

15 ~~(2)(1)~~ Former members of the General Assembly who enroll before October
16 1, 1986.

17 ~~(2a)(2)~~ For enrollments after September 30, 1986, former members of the
18 General Assembly if covered under the Plan at termination of
19 membership in the General Assembly. To be eligible for coverage as a
20 former member of the General Assembly, application must be made
21 within 30 days of the end of the term of office. Only members of the
22 General Assembly covered by the Plan at the end of the term of office
23 are eligible. If application is not made within the specified time period,
24 the member forfeits eligibility.

25 (3) Surviving spouses of deceased former members of the General
26 Assembly who enroll before October 1, 1986.

27 ~~(3a)(4)~~ Employees of the General Assembly, not otherwise covered by this
28 section, as determined by the Legislative Services Commission, except
29 for legislative interns and pages.

30 ~~(3b)(5)~~ For enrollments after September 30, 1986, surviving spouses of
31 deceased former members of the General Assembly, if covered under
32 the Plan at the time of death of the former member of the General
33 Assembly.

34 ~~(4)(6)~~ All permanent part-time employees (designated as half-time or more)
35 of an employing unit who meets the conditions outlined in subdivision
36 (a)(1)a above, and who are not covered by the provisions of
37 ~~G.S. 135-40.2(a)(1):G.S. 135-39.14(a)(1).~~

38 ~~(5)(7)~~ The spouses and eligible dependent children of enrolled teachers, State
39 employees, retirees, former members of the General Assembly, former
40 employees covered by the provisions of
41 ~~G.S. 135-40.2(a)(6):G.S. 135-39.14(a)(8).~~ Disability Income Plan
42 beneficiaries, enrolled continuation members, and members of the
43 General Assembly. Spouses of surviving dependents are not eligible,
44 nor are dependent children if they were not covered at the time of the

1 member's death. Surviving spouses may cover their dependent children
2 provided the children were enrolled at the time of the member's death
3 or enroll within ~~30~~90 days of the member's death.

4 ~~(6)~~(8) Blind persons licensed by the State to operate vending facilities under
5 contract with the Department of Health and Human Services, Division
6 of Services for the Blind and its successors, who are:

- 7 a. Operating such a vending facility;
8 b. Former operators of such a vending facility whose service as an
9 operator would have made these operators eligible for an early
10 or service retirement allowance under Article 1 of this Chapter
11 had they been members of the Retirement System; and
12 c. Former operators of such a vending facility who attain five or
13 more years of service as operators and who become eligible for
14 and receive a disability benefit under the Social Security Act
15 upon cessation of service as an operator.

16 Spouses, dependent children, surviving spouses, and surviving
17 dependent children of such members are not eligible for coverage.

18 ~~(8)~~(9) Surviving spouses of deceased retirees and surviving spouses of
19 deceased teachers, State employees, and members of the General
20 Assembly provided the death of the former Plan member occurred
21 after September 30, 1986, and the surviving spouse was covered under
22 the Plan at the time of death.

23 (10) Any eligible dependent child of the deceased retiree, teacher, State
24 employee, member of the General Assembly, former member of the
25 General Assembly, or Disability Income Plan beneficiary, provided the
26 child was covered at the time of death of the retiree, teacher, State
27 employee, member of the General Assembly, former member of the
28 General Assembly, or Disability Income Plan beneficiary, (or was in
29 posse at the time and is covered at birth under this Part), or was
30 covered under the Plan on September 30, 1986. An eligible surviving
31 dependent child can remain covered until age 19, or age 26 if a
32 full-time student, or indefinitely if certified as incapacitated under
33 G.S. 135-40.1(3)b.~~G.S. 135-39.13(5)b.~~

34 ~~(11a)~~(11) Retired teachers, State employees, and members of the General
35 Assembly with less than 10 years of retirement service credit, provided
36 the teachers and State employees were first hired on or after October 1,
37 2006, and the members first took office on or after February 1, 2007.

38 (12) Notwithstanding the provisions of ~~G.S. 135-40.11,~~G.S. 135-39.23
39 former employees covered by the provisions of ~~G.S.~~
40 ~~135-40.2(a)(6),~~G.S. 135-39.14 and their spouses and eligible
41 dependent children who were covered by the Plan at the time of the
42 former employees' separation from service pursuant to
43 ~~G.S. 135-40.2(a)(6),~~ G.S. 135-39.14, following expiration of the
44 former employees' coverage provided by ~~G.S. 135-40.2(a)(6).~~

1 G.S. 135-39.14. Election of coverage under this subdivision shall be
2 made within 90 days after the termination of coverage provided under
3 G.S. 135-40.2(a)(6)-G.S. 135-39.14.

4 (13) ~~Firemen, Firefighters,~~ rescue squad workers, and members of the
5 national guard, their eligible spouses, and eligible dependent children.

6 (d) A foster child is covered as a dependent child (i) if living in a regular
7 parent-child relationship with the expectation that the employee will continue to rear the
8 child into adulthood, (ii) if at the time of enrollment, or at the time a foster child
9 relationship is established, whichever occurs first, the employee applies for coverage for
10 such child and submits evidence of a bona fide foster child relationship, identifying the
11 foster child by name and setting forth all relevant aspects of the relationship, (iii) if the
12 claims processor accepts the foster child as a participant through a separate written
13 document identifying the foster child by name and specifically recognizing the foster
14 child relationship, and (iv) if at the time a claim is incurred, the foster child relationship,
15 as identified by the employee, continues to exist. Children placed in a home by a
16 welfare agency which obtains control of, and provides for maintenance of the child, are
17 not eligible participants.

18 Coverage of a dependent child may be extended beyond the 19th birthday under the
19 following conditions:

20 (1) If the dependent is a full-time student, aged 19 years and one month
21 through the end of the month following the student's 26th birthday, who
22 is pursuing a course of study that represents at least the normal
23 workload of a full-time student at a school or college accredited by the
24 state of jurisdiction.

25 (2) The dependent is physically or mentally incapacitated to the extent that
26 he or she is incapable of earning a living and (i) such handicap
27 developed or began to develop before the dependent's 19th birthday, or
28 (ii) such handicap developed or began to develop before the
29 dependent's 26th birthday if the dependent was covered by the Plan in
30 accordance with G.S. 135-39.14(5)a.

31 ~~(e)~~(e) No person shall be eligible for coverage as a dependent if eligible as an
32 employee or retired employee, except when a spouse is eligible on a fully contributory
33 basis. In addition, no person shall be eligible for coverage as a dependent of more than
34 one employee or retired employee at the same time.

35 ~~(d)~~(f) Former employees who are receiving disability retirement benefits or
36 disability income benefits pursuant to Article 6 of Chapter 135 of the General Statutes,
37 provided the former employee has at least five years of retirement membership service,
38 shall be eligible for the benefit provisions of this Plan, as set forth in this Part, on a
39 noncontributory basis. Such coverage shall terminate as of the end of the month in
40 which such former employee is no longer eligible for disability retirement benefits or
41 disability income benefits pursuant to Article 6 of this Chapter.

42 ~~(e)~~(g) Employees on official leave of absence without pay may elect to continue this
43 group coverage at group cost provided that they pay the full employee and employer
44 contribution through the employing unit during the leave period.

1 ~~(f)~~(h) For the support of the benefits made available to any member vested at the
2 time of retirement, their spouses or surviving spouses, and the surviving spouses of
3 employees who are receiving a survivor's alternate benefit under G.S. 135-5(m) of those
4 associations listed in G.S. 135-27(a), licensing and examining boards under
5 G.S. 135-1.1, the North Carolina State Art Society, Inc., and the North Carolina
6 Symphony Society, Inc., each association, organization or board shall pay to the Plan
7 the full cost of providing these benefits under this section as determined by the Board of
8 Trustees of the State Health Plan for Teachers and State Employees. In addition, each
9 association, organization or board shall pay to the Plan an amount equal to the cost of
10 the benefits provided under this section to presently retired members of each
11 association, organization or board since such benefits became available at no cost to the
12 retired member. This subsection applies only to those individuals employed prior to July
13 1, 1983, as provided in G.S. 135-27(d).

14 ~~(g)~~(i) An eligible surviving spouse and any eligible surviving dependent child of a
15 deceased retiree, teacher, State employee, member of the General Assembly, former
16 member of the General Assembly, or Disability Income Plan beneficiary shall be
17 eligible for group benefits under this section without waiting periods for preexisting
18 conditions provided coverage is elected within 90 days after the death of the former plan
19 member. Coverage may be elected at a later time, but will be subject to the 12-month
20 waiting period for preexisting conditions and will be effective the first day of the month
21 following receipt of the application.

22 ~~(h)~~(j) No person shall be eligible for coverage as an employee or retired employee
23 or as a dependent of an employee or retired employee upon a finding by the Executive
24 Administrator or Board of Trustees or by a court of competent jurisdiction that the
25 employee or dependent knowingly and willfully made or caused to be made a false
26 statement or false representation of a material fact in a claim for reimbursement of
27 medical services under the Plan. The Executive Administrator and Board of Trustees
28 may make an exception to the provisions of this subsection when persons subject to this
29 subsection have had a cessation of coverage for a period of five years and have made a
30 full and complete restitution to the Plan for all fraudulent claim amounts. Nothing in
31 this subsection shall be construed to obligate the Executive Administrator and Board of
32 Trustees to make an exception as allowed for under this subsection.

33 ~~(i)~~(k) Any employee receiving benefits pursuant to Article 6 of this Chapter when
34 the employee has less than five years of retirement membership service, or an employee
35 on leave without pay due to illness or injury for up to 12 months, is entitled to continued
36 coverage under the Plan for the employee and any eligible dependents by paying one
37 hundred percent (100%) of the cost."

38 **SECTION 3.(g)** Part 3A of Article 3A of Chapter 135 of the General
39 Statutes is amended by adding the following new section to read:

40 "**§ 135-39.15. Enrollment.**

41 (a) Except as otherwise required by applicable federal law, new employees must
42 be given the opportunity to enroll or decline enrollment for themselves and their
43 dependents within 30 days from the date of employment or from first becoming eligible
44 on a noncontributory basis. Coverage may become effective on the first day of the

1 month following date of entry on payroll or on the first day of the following month.
2 New employees not enrolling themselves and their dependents within 30 days, or not
3 adding dependents when first eligible as provided herein may enroll on the first day of
4 any month but will be subject to a 12-month waiting period for preexisting health
5 conditions, except for employees who elect to change their coverage in accordance with
6 rules established by the Executive Administrator and Board of Trustees for optional or
7 alternative plans available under the Plan. Children born to covered employees having
8 coverage type (2) or (3), as outlined in G.S. 135-40.3(d) shall be automatically covered
9 at the time of birth without any waiting period for preexisting health conditions.
10 Children born to covered employees having coverage type (1) shall be automatically
11 covered at birth without any waiting period for preexisting health conditions so long as
12 the claims processor receives notification within 30 days of the date of birth that the
13 employee desires to change from coverage (1) to coverage type (2) or (3), provided that
14 the employee pays any additional premium required by the coverage type selected
15 retroactive to the first day of the month in which the child was born.

16 (b) Newly acquired dependents (spouse/child) enrolled within 30 days of
17 becoming an eligible dependent will not be subject to the 12-month waiting period for
18 preexisting conditions. A dependent can become qualified due to marriage, adoption,
19 entering a foster child relationship, due to the divorce of a dependent child or the death
20 of the spouse of a dependent child, and at the beginning of each legislative session
21 (applies only to enrolled legislators). Effective date for newly acquired dependents if
22 application was made within the 30 days can be the first day of the following month.
23 Effective date for an adopted child can be date of adoption, or date of placement in the
24 adoptive parents' home, or the first of the month following the date of adoption or
25 placement. Firefighters, rescue squad workers, and members of the national guard, and
26 their eligible dependents, are subject to the same terms and conditions as are new
27 employees and their dependents covered by this subdivision. Enrollments in these
28 circumstances must occur within 30 days of eligibility to enroll."

29 **SECTION 3.(h)** G.S. 135-40.3, as amended by Section 28.22A of S.L.
30 2007-323, is recodified as G.S. 135-39.16 under Part 3A of Article 3A of Chapter 135
31 of the General Statutes, as enacted by this act, and as recodified, reads as rewritten:

32 "**§ 135-39.16. Effective dates of coverage.**

33 (a) Employees and Retired Employees. –

- 34 (1) Employees and retired employees covered under the Predecessor Plan
35 will continue to be covered, subject to the terms hereof.
- 36 (2) New employees may apply for coverage to be effective on the first day
37 of the month following employment, or on a like date the following
38 month if the employee has enrolled.
- 39 (3) Employees not enrolling or adding dependents when first eligible in
40 accordance with ~~G.S. 135-40.1(7)~~G.S. 135-39.15 may enroll later on
41 the first of any following month but will be subject to a 12-month
42 waiting period for a preexisting health condition, except employees
43 who elect to change their coverage in accordance with rules adopted
44 by the Executive Administrator and Board of Trustees for optional

- 1 ~~prepaid hospital and medical benefit plans.~~alternative plans offered
2 under the Plan.
- 3 (4) Members of the General Assembly, beginning with the 1985 Session,
4 shall become first eligible with the convening of each Session of the
5 General Assembly, regardless of a Member's service during previous
6 Sessions. Members and their dependents enrolled when first eligible
7 after the convening of each Session of the General Assembly will not
8 be subject to any waiting periods for preexisting health conditions.
9 Members of the 1983 Session of the General Assembly, not already
10 enrolled, shall be eligible to enroll themselves and their dependents on
11 or before October 1, 1983, without being subject to any waiting
12 periods for preexisting health conditions.
- 13 (b) Waiting Periods and Preexisting Conditions. –
- 14 (1) New employees and dependents enrolling when first eligible are
15 subject to no waiting period for preexisting conditions under the Plan.
- 16 (2) Employees not enrolling or not adding dependents when first eligible
17 may enroll later on the first of any following month, but will be subject
18 to a twelve-month waiting period for preexisting conditions except as
19 provided in subdivision (a)(3) of this section.
- 20 (3) Retiring employees and dependents enrolled when first eligible after
21 an employee's retirement are subject to no waiting period for
22 preexisting conditions under the Plan. Retiring employees not enrolled
23 or not adding dependents when first eligible after an employee's
24 retirement may enroll later on the first of any following month, but
25 will be subject to a 12-month waiting period for preexisting conditions
26 except as provided in subdivision (a)(3) of this section.
- 27 (4) Employees and dependents enrolling or reenrolling within 12 months
28 after a termination of enrollment or employment that were not enrolled
29 at the time of this previous termination, regardless of the employing
30 units involved, shall not be considered as newly-eligible employees or
31 dependents for the purposes of waiting periods and preexisting
32 conditions. Employees and dependents transferring from optional
33 ~~plans in accordance with G.S. 135-39.5B;~~ alternative plans available
34 under the Plan; employees and dependents immediately returning to
35 service from an employing unit's approved periods of leave without
36 pay for illness, injury, educational improvement, workers'
37 compensation, parental duties, or for military reasons; employees and
38 dependents immediately returning to service from a reduction in an
39 employing unit's work force; retiring employees and dependents
40 reenrolled in accordance with
41 ~~G.S. 135-40.3(b)(3);~~G.S.135-39.16(b)(3); formerly-enrolled
42 dependents reenrolling as eligible employees; formerly-enrolled
43 employees reenrolling as eligible dependents; and employees and
44 dependents reenrolled without waiting periods and preexisting

1 conditions under specific rules ~~and regulations~~ adopted by the
2 Executive Administrator and Board of Trustees in the best interests of
3 the Plan shall not be considered reenrollments for the purpose of this
4 subdivision. Furthermore, employees accepting permanent, full-time
5 appointments who had previously worked in a part-time or temporary
6 position and their qualified dependents shall not be covered by waiting
7 periods and preexisting conditions under this division provided
8 enrollment as a permanent, full-time employee is made when the
9 employee and his dependents are first eligible to enroll.

10 (5) To administer the 12-month waiting period for preexisting conditions
11 under this Article, the Plan must give credit against the 12-month
12 period for the time that a person was covered under a previous plan if
13 the previous plan's coverage was continuous to a date not more than 63
14 days before the effective date of coverage. As used in this subdivision,
15 a "previous plan" means any policy, certificate, contract, or any other
16 arrangement provided by any accident and health insurer, any hospital
17 or medical service corporation, any health maintenance organization,
18 any preferred provider organization, any multiple employer welfare
19 arrangement, any self-insured health benefit arrangement, any
20 governmental health benefit or health care plan or program, or any
21 other health benefit arrangement.

22 (c) Dependents of Employees and Retired Employees. –

23 (1) Dependents of employees and retired employees who have family
24 coverage under the Predecessor Plan will continue to be covered
25 subject to the terms hereof.

26 (2) Employees who have dependents may apply for family coverage at the
27 time they enroll as provided in subdivisions (a)(2) and (a)(3) of this
28 section and such dependents will be covered under the Plan beginning
29 the same date as such employees.

30 (3) Employees and retired employees may change from ~~individual or~~
31 ~~parent/child(ren) coverage to parent/child(ren) or family coverage or~~
32 ~~add dependents to existing family or parent/child(ren) coverage upon~~
33 ~~acquiring a dependent~~ one category of coverage to a different category
34 of coverage without a waiting period for preexisting conditions, ~~and~~
35 and, as applicable, dependents will be covered under the Plan the first
36 of the month or the first of the second month following the dependent's
37 eligibility for coverage, provided written application is submitted to
38 the Health Benefits Representative within 30 days of becoming
39 eligible.

40 (4) Employees or retired employees who wish to change ~~from family~~
41 ~~coverage to parent/child(ren) or individual or from parent/child(ren) to~~
42 ~~individual coverage~~ to employee only coverage shall give written
43 notice to their Health Benefits Representative within 30 days after any
44 change in the status of dependents, (resulting from death, divorce, etc.)

1 that requires a change in contract ~~type-category~~. The effective date will
2 be the first of the month following the dependent's ineligibility event.
3 If notification was not made within the 30 days following the
4 dependent's ineligibility event, the dependent will be retroactively
5 removed the first of the month following the dependent's ineligibility
6 event, and the coverage ~~type-category~~ change will be the first of the
7 month following written notification, except in cases of death, in
8 which case the coverage ~~type-category~~ change will be made retroactive
9 to the first of the month following the death.

10 (5) Employees not adding dependents when first eligible may enroll later
11 on the first of any following month, but dependents will be subject to a
12 12-month waiting period for preexisting health conditions except as
13 provided in subdivision (a)(3) of this section.

14 (6) Employees or retired employees who wish to change to employee only
15 coverage from family to parent/child(ren) or individual coverage or
16 from parent/child(ren) to individual coverage, even though their
17 dependents continue to be eligible, shall give written notification to
18 their Health Benefits Representative. ~~Effective-Except as otherwise~~
19 ~~required by applicable federal law, the date of this type-category~~
20 change will be the first of the month following written notification or
21 any first of the month thereafter as desired by the employee.

22 (7) The effective date for newborns or adopted children will be date of
23 birth, date of adoption, or placement with adoptive parent provided
24 member is currently covered under ~~a family or parent/child(ren)~~
25 ~~coverage-employee and family or employee and child coverage~~. If the
26 member wishes to add a newborn or adopted child and is currently
27 enrolled ~~on individual~~ in employee only coverage, the member must
28 submit application for coverage and a coverage type change within 30
29 days of the child's birth or date of adoption or placement. Effective
30 date for the coverage ~~type-category~~ change is the first of the month in
31 which the child is born, adopted, or placed. Adopted children may also
32 be covered the first of the month following placement or adoption.

33 (d) ~~Types-Categories~~ of Coverage Available. – There are ~~three-four types~~
34 categories of coverage which an employee or retiree may elect.

35 (1) Employee Only. – Covers enrolled employees only. Maternity benefits
36 are provided to employee only.

37 (2) Employee and ~~Child(ren)-Child~~. – Covers enrolled employee and all
38 eligible dependent children. Maternity benefits are provided to the
39 employee only.

40 (3) Employee and Family. – Covers employee and spouse, and all eligible
41 dependent children. Maternity benefits are provided to employee or
42 enrolled spouse.

1 (4) Employee and spouse. Covers employee and spouse only. Maternity
2 benefits are provided to the employee or the employee's enrolled
3 spouse.

4 (e) Notwithstanding any other provision of this section, no coverage under the
5 Plan shall become effective prior to the payment of premiums required by the Plan.

6 (f) ~~Firemen, Firefighters,~~ rescue squad workers, and members of the national
7 guard are subject to the same terms and conditions of this section as are employees.
8 Eligible dependents of ~~firemen, firefighters,~~ rescue squad workers, and members of the
9 national guard are subject to the same terms and conditions of this section as are
10 dependents of employees.

11 (g) Different categories of coverage may be offered for optional alternative plans
12 or programs.

13 (h) If any provision of this section is in conflict with applicable federal law,
14 federal law shall control to the extent of the conflict."

15 **SECTION 3.(i)** G.S. 135-40.3A is recodified as G.S. 135-39.17 under Part
16 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act.

17 **SECTION 3.(j)** G.S. 135-40.5, as amended by Section 28.22 of S.L.
18 2007-323, and as further amended by Section 22.28A of S.L. 2007-323, is recodified as
19 G.S. 135-39.18 under Part 3A of Article 3A of Chapter 135 of the General Statutes, as
20 enacted by this act, and as recodified, reads as rewritten:

21 "**§ 135-39.18. Benefits not subject to deductible or coinsurance.**

22 (e) ~~Preadmission Testing. The Plan will pay one hundred percent (100%) of~~
23 ~~reasonable and customary charges for diagnostic, laboratory and x ray examinations~~
24 ~~performed on an outpatient basis.~~

25 (f)(a) Immunizations. – The Plan will pay one hundred percent (100%) of allowable
26 medical charges for immunizations for the prevention of contagious diseases as
27 generally accepted medical practices would dictate when directed by ~~an attending~~
28 physician, a credentialed provider as determined by the claims processor.

29 (g)(b) Prescription Drugs. – The Plan's allowable charges for prescription legend
30 drugs to be used outside of a hospital or skilled nursing facility ~~are to be~~ shall be as
31 determined by the Plan's Executive Administrator and Board of ~~Trustees, Trustees,~~
32 which determinations are not subject to appeal under Article 3 of Chapter 150B of the
33 General Statutes.

34 The Plan will pay allowable charges for each outpatient prescription drug less a
35 copayment to be paid by each covered individual equal to the following amounts:
36 pharmacy charges up to ten dollars (\$10.00) for each generic prescription, thirty dollars
37 (\$30.00) for each preferred branded prescription, and forty dollars (\$40.00) for each
38 preferred branded prescription with a generic equivalent drug, and fifty dollars (\$50.00)
39 for each nonpreferred branded or generic prescription. These co-payments apply to ~~the~~
40 Plan's optional programs, all optional alternative plans available under the Plan.

41 Allowable charges shall not be greater than a pharmacy's usual and customary
42 charge to the general public for a particular prescription. Prescriptions shall be for no
43 more than a 34-day supply for the purposes of the copayments paid by each covered
44 individual. By accepting the copayments and any remaining allowable charges provided

1 by this subsection, pharmacies shall not balance bill an individual covered by the Plan.
2 A prescription legend drug is defined as an article the label of which, under the Federal
3 Food, Drug, and Cosmetic Act, is required to bear the legend: "Caution: Federal Law
4 Prohibits Dispensing Without Prescription." Such articles may not be sold to or
5 purchased by the public without a prescription order. Benefits are provided for insulin
6 even though a prescription is not required. The Plan may use a pharmacy benefit
7 manager to help manage the Plan's outpatient prescription drug coverage. In managing
8 the Plan's outpatient prescription drug benefits, the Plan and its pharmacy benefit
9 manager shall not provide coverage for ~~erectile~~sexual dysfunction, growth hormone,
10 antiwrinkle, weight loss, and hair growth drugs unless such coverage is medically
11 necessary to the health of the member. The Plan and its pharmacy benefit manager shall
12 not provide coverage for growth hormone and weight loss drugs and antifungal drugs
13 for the treatment of nail fungus and botulinium toxin without approval in advance by the
14 pharmacy benefit manager. Any formulary used by the Plan's Executive Administrator
15 and pharmacy benefit manager shall be an open formulary. Plan members shall not be
16 assessed more than two thousand five hundred dollars (\$2,500) per person per fiscal
17 year in copayments required by this subsection.

18 **SECTION 3.(k)** G.S. 135-40.6A is repealed.

19 **SECTION 3.(l)** Part 3A of Article 3A of Chapter 135 of the General Statutes
20 is amended by adding the following new section to read:

21 **"§ 135-39.19. Prior approval procedures.**

22 The Executive Administrator and Board of Trustees may establish procedures to
23 require prior medical approval and may implement the procedures after consultation
24 with the Committee on Employee Hospital and Medical Benefits."

25 **SECTION 3.(m)** Effective July 1, 2008, G.S. 135-40.7, as amended by
26 Section 28.22A(j) of S.L. 2007-323, is recodified as G.S. 135-39.20 under Part 3A of
27 Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and, as
28 recodified, reads as rewritten:

29 **"§ 135-39.20. General limitations and exclusions.**

30 The following shall in no event be considered covered expenses nor will benefits
31 described in ~~G.S. 135-40.5 through G.S. 135-40.11~~G.S. 135-39.18 through
32 G.S. 135-39.23 be payable for:

- 33 (1) Charges for any services rendered to a person prior to the date
34 coverage under this Plan becomes effective with respect to such
35 person.
- 36 (2) Charges for care in a nursing home, adult care home, convalescent
37 home, or in any other facility or location for custodial or for rest cures.
- 38 (3) Charges to the extent paid, or which the individual is entitled to have
39 paid, or to obtain without cost, in accordance with any government
40 laws or regulations except Medicare. If a charge is made to any such
41 person which he or she is legally required to pay, any benefits under
42 this Plan will be computed in accordance with its provisions, taking
43 into account only such charge. "Any government" includes the federal,

- 1 State, provincial or local government, or any political subdivision
2 thereof, of the United States, Canada or any other country.
- 3 (4) Charges for services rendered in connection with any occupational
4 injury or disease arising out of and in the course of employment with
5 any employer, if (i) the employer furnishes, pays for or provides
6 reimbursement for such charges, or (ii) the employer makes a
7 settlement payment for such charges, or (iii) the person incurring such
8 charges waives or fails to assert his or her rights respecting such
9 charges.
- 10 (5) Charges for any care, treatment, services or supplies other than those
11 which are certified by a physician who is attending the individual as
12 being required for the medically necessary treatment of the injury or
13 disease and are deemed medically necessary and appropriate for the
14 treatment of the injury or disease by the Executive Administrator and
15 Board of Trustees upon the advice of the Claims Processor. This
16 subdivision shall not be construed, however, to require certification by
17 an attending physician for a service provided by an advanced practice
18 registered nurse acting within the nurse's lawful scope of ~~practice,~~
19 ~~subject to the limitations of G.S. 135-40.6(10)-practice.~~
- 20 (6) Charges for any services rendered as a result of injury or sickness due
21 to an act of war, declared or undeclared, which act shall have occurred
22 after the effective date of a person's coverage under the Plan.
- 23 (7) Charges for personal services such as barber services, guest meals,
24 radio and TV rentals, etc.
- 25 (8) Charges for any services with respect to which there is no legal
26 obligation to pay. For the purposes of this item, any charge which
27 exceeds the charge that would have been made if a person were not
28 covered under this Plan shall, to the extent of such excess, be treated as
29 a charge for which there is no legal obligation to pay; and any charge
30 made by any person for anything which is normally or customarily
31 furnished by such person without payment from the recipient or user
32 thereof shall also be treated as a charge for which there is no legal
33 obligation to pay.
- 34 (9) Charges during a continuous hospital confinement which commenced
35 prior to the effective date of the person's coverage under this Plan.
- 36 (10) Charges in excess of either ~~the usual, customary and reasonable charge~~
37 ~~for the allowed amount or the reasonable amount,~~ or the fair and
38 reasonable value of the services or supply which gives rise to the
39 expense; provided that in each instance the extent that a particular
40 charge is usual, customary and reasonable or fair and reasonable shall
41 be measured and determined by comparing the charge with charges
42 made for similar things to individuals of similar age, sex, income and
43 medical condition in the locality concerned, and the result of such
44 determination shall constitute the maximum allowable as covered

- 1 medical expenses unless the Claims Processor finds that considerations
2 of fairness and equity in a particular set of circumstances require that
3 greater or lesser charges be considered as covered medical expenses in
4 that set of circumstances.
- 5 (11) Charges for or in connection with any dental work or dental treatment
6 except to the extent that such work or treatment is specifically
7 provided for under the Plan. Excluded is payment for surgical benefits
8 for tooth replacement, such as crowns, bridges or dentures; orthodontic
9 care; filling of teeth; extraction of teeth (whether or not impacted); root
10 canal therapy; removal of root tips from teeth; treatment for tooth
11 decay, inflammation of gingiva, or surgical procedures on diseased
12 gingiva or other periodontal surgery; repositioning soft tissue,
13 reshaping bone, and removal of bony projections from the ridges
14 preparatory to fitting of dentures; removal of cysts incidental to
15 removal of root tips from teeth and extraction of teeth; or other dental
16 procedures involving teeth and their bones or tissue supporting
17 structure.
- 18 (12) Charges incurred for any medical observations or diagnostic study
19 when no disease or injury is revealed, unless proof satisfactory to the
20 Claims Processor is furnished that (i) the claim is in order in all other
21 respects, (ii) the covered individual had a definite symptomatic
22 condition of disease or injury other than hypochondria, and (iii) the
23 medical observation and diagnostic studies concerned were not
24 undertaken as a matter of routine physical examination or health
25 ~~checkup as provided in G.S. 135-40.6(8)s-checkup.~~
- 26 (13) Charges for eyeglasses or other corrective lenses (except for cataract
27 lenses certified as medically necessary for aphakia persons) and
28 hearing aids or examinations for the prescription or fitting thereof.
- 29 (14) Charges for cosmetic surgery or treatment except that charges for
30 cosmetic surgery or treatment required for correction of damage
31 caused by accidental injury sustained by the covered individual while
32 coverage under this plan is in force on his or her account or to correct
33 congenital deformities or anomalies shall not be excluded if they
34 otherwise qualify as covered medical expenses. Reconstructive breast
35 surgery following mastectomy, as those terms are defined in
36 G.S. 58-51-62, is not "cosmetic surgery or treatment" for purposes of
37 this section.
- 38 (15) Admissions for diagnostic tests or procedures which could be, and
39 generally are, performed on an outpatient basis and inpatient services
40 or supplies which are not consistent with the diagnosis, for which
41 admitted.
- 42 (16) Costs denied by the Claims Processor as part of its overall program of
43 claim review and cost containment.

1 ~~(16a)~~(17) Charges in excess of negotiated rates allowed for preferred
2 providers of institutional and professional medical care and ~~services in~~
3 ~~accordance with the provisions of G.S. 135-40.4,~~ services, when such
4 preferred providers are reasonably available to provide institutional
5 and professional medical care.

6 ~~(17)~~(18) If a covered service becomes excluded from coverage under the
7 Plan, the Executive Administrator and Claims Processor may, in the
8 event of exceptional situations creating undue hardships or adverse
9 medical conditions, allow persons enrolled in the Plan to remain
10 covered by the Plan's previous coverage for up to three months after
11 the effective date of the change in coverage, provided the persons so
12 enrolled had been undergoing a continuous plan of specific treatment
13 initiated within three months prior to the effective date of the change
14 in coverage.

15 ~~(18)~~(19) Charges for services unless a claim is filed within 18 months from
16 the date of service.

17 ~~(19)~~(20) Any service, treatment, facility, equipment, drug, supply, or
18 procedure that is experimental or investigational as defined in
19 ~~G.S. 135-40.1(7a)~~ by the Plan. Clinical trial phases III and IV are
20 covered by the Plan as is clinical trial phase II when approved by the
21 Plan. Regardless of the type of trial phases covered by the Plan, all
22 covered trials must involve the treatment of life-threatening medical
23 conditions, must be clearly superior to available noninvestigational
24 treatment alternatives, and must have clinical and preclinical data that
25 shows the trials will be at least as effective as noninvestigational
26 alternatives. Trials must also involve determinations by treating
27 physicians, relevant scientific data, and opinions of experts in relevant
28 fields of medicine. Covered trials must be approved by the National
29 Institutes of Health, a National Institutes of Health cooperative group
30 or center, the U.S. Food and Drug Administration, the U.S.
31 Department of Defense, or the U.S. Department of Veterans Affairs.
32 The Plan may also cover clinical trials sponsored by other entities.
33 Trials must also be approved by applicable qualified institutional
34 review boards. All covered trials must be conducted in and by facilities
35 and personnel that maintain a high level of expertise because of their
36 training, experience, and volume of patients. To be covered by the
37 Plan, patients participating in clinical trials must meet substantially all
38 protocol requirements of the trials and exercise informed consent in
39 the trials. Only medically necessary costs of health care services
40 involved in treatments provided to patients for the purpose of the trials
41 are covered by the Plan to the extent that such costs are not
42 customarily funded by national agencies, commercial manufacturers,
43 distributors, or other such providers. Clinical trial costs not covered by
44 the Plan include, but are not limited to, the costs of services that are

1 not health care services and costs associated with managing research in
2 the trials. The Plan shall not exclude benefits for covered clinical trials
3 if the proposed treatment is the only appropriate protocol for the
4 condition being treated.

5 ~~(20)~~(21) Complications arising from noncovered ~~services known at the time~~
6 ~~the noncovered services were provided.~~services.

7 ~~(21)~~(22) Charges related to a noncovered service, even if the charges would
8 have been covered if rendered in connection with a covered service.

9 ~~(22)~~(23) Charges for services covered by the long-term care benefit
10 provisions of ~~Part 4~~Part 4A of this Article.

11 ~~(23)~~(24) Charges disallowed by the Plan's pharmacy benefits manager."

12 **SECTION 3.(n)** G.S. 135-40.7B, as amended by Section 28.22(f) of S.L.
13 2007-323, and as further amended by Section 28.22A(o) of S.L. 2007-323, is recodified
14 as G.S. 135-39.21 under Part 3A of Article 3A of Chapter 135 of the General Statutes,
15 as enacted by this act, and as recodified, reads as rewritten:

16 "**§ 135-39.21. Special provisions for chemical dependency and mental health**
17 **benefits.**

18 (a) Except as otherwise provided in this section, benefits for the treatment of
19 mental illness and chemical dependency are covered by the Plan and shall be subject to
20 the same deductibles, durational limits, and coinsurance factors as are benefits for
21 physical illness generally.

22 (b) Notwithstanding any other provision of this Part, the following necessary
23 services for the care and treatment of chemical dependency and mental illness shall be
24 covered ~~under as provided in~~ in this section: allowable institutional and professional
25 charges for inpatient care, outpatient care, intensive outpatient program services, partial
26 hospitalization treatment, and residential care and treatment:

27 (1) For mental illness treatment:

- 28 a. Licensed psychiatric hospitals;
- 29 b. Licensed psychiatric beds in licensed general hospitals;
- 30 c. Licensed residential treatment facilities that have 24-hour
31 on-site care provided by a registered nurse who is physically
32 located at the facility at all times and that hold current
33 accreditation by a national accrediting body approved by the
34 Plan's mental health case manager;
- 35 d. Area Mental Health, Developmental Disabilities, and Substance
36 Abuse ~~Authorities;~~Authorities or County Programs in
37 accordance with G.S. 122C-141;
- 38 e. Licensed intensive outpatient treatment programs; and
- 39 f. Licensed partial hospitalization programs.

40 (2) For chemical dependency treatment:

- 41 a. Licensed chemical dependency units in licensed psychiatric
42 hospitals;
- 43 b. Licensed chemical dependency hospitals;
- 44 c. Licensed chemical dependency treatment facilities;

1 d. Area Mental Health, Developmental Disabilities, and Substance
 2 Abuse ~~Authorities; Authorities~~ or County Programs in
 3 accordance with G.S. 122C-141;
 4 e. Licensed intensive outpatient treatment programs;
 5 f. Licensed partial hospitalization programs; and
 6 g. Medical detoxification facilities or units.
 7 (c) Notwithstanding any other provisions of this Part, the following providers
 8 and no others may provide necessary care and treatment for mental health under this
 9 section:

- 10 (1) Psychiatrists who have completed a residency in psychiatry approved
 11 by the American Council for Graduate Medical Education and who are
 12 licensed as medical doctors or doctors of osteopathy in the state in
 13 which they perform and services covered by the Plan;
- 14 (2) Licensed ~~or certified~~ doctors of psychology;
- 15 (3) ~~Certified clinical~~ Clinical social workers licensed or certified by the
 16 North Carolina Social Work Certification and Licensure Board under
 17 Chapter 90B of the General Statutes ~~and licensed clinical social~~
 18 ~~workers;~~
- 19 ~~(3a)~~ (4) Licensed professional counselors;
- 20 ~~(4)~~ (5) Certified clinical specialists in psychiatric and mental health ~~nursing;~~
 21 nursing in accordance with Article 9A of Chapter 90 of the General
 22 Statutes;
- 23 ~~(4a)~~ (6) Nurses working under the employment and direct supervision of such
 24 physicians, psychologists, or psychiatrists;
- 25 ~~(6)~~ (7) Licensed psychological associates;
- 26 ~~(9)~~ (8) Certified fee-based practicing pastoral ~~counselors;~~ counselors in
 27 accordance with Article 26 of Chapter 90 of the General Statutes;
- 28 ~~(10)~~ (9) Licensed physician assistants under the supervision of a licensed
 29 psychiatrist and acting pursuant to G.S. 90-18.1 or the applicable laws
 30 and rules of the area in which the physician assistant is licensed or
 31 certified; and
- 32 ~~(11)~~ (10) Licensed marriage and family therapists.
- 33 (11) Physicians licensed under Chapter 90 of the General Statutes and
 34 certified professionals with training and experience in the care and
 35 treatment for mental health and working under the direct supervision
 36 of such physicians.

37 ~~(e1)~~ (d) Notwithstanding any other provisions of this Part, the following providers
 38 and no others may provide necessary care and treatment for chemical dependency under
 39 this section:

- 40 (1) The following providers with appropriate substance abuse training and
 41 experience in the field of alcohol and other drug abuse as determined
 42 by the mental health case manager, in facilities described in
 43 subdivision (b)(2) of this section, in day/night programs or outpatient
 44 treatment facilities licensed after July 1, 1984, under Article 2 of

1 Chapter 122C of the General Statutes or in North Carolina area
2 programs in substance abuse services are authorized to provide
3 treatment for chemical dependency under this section:

- 4 a. Licensed physicians including, but not limited to, physicians
5 who are certified in substance abuse by the American Society of
6 Addiction Medicine (ASAM);
- 7 b. Licensed ~~or certified~~ psychologists;
- 8 c. Psychiatrists;
- 9 d. Certified substance abuse counselors working under the direct
10 supervision of such physicians, psychologists, or psychiatrists;
- 11 e. Licensed psychological associates;
- 12 f. Nurses working under the direct supervision of such physicians,
13 psychologists, or psychiatrists;
- 14 g. ~~Certified clinical social workers and licensed clinical social~~
15 ~~workers;~~ Clinical social workers licensed or certified by the
16 North Carolina Social Work Certification and Licensure Board
17 under Chapter 90B of the General Statutes;
- 18 h. ~~Certified clinical specialists in psychiatric and mental health~~
19 ~~nursing;~~ nursing in accordance with Article 9A of Chapter 90 of
20 the General Statutes;
- 21 i. Licensed professional counselors;
- 22 j. Certified fee-based practicing pastoral ~~counselors;~~ counselors in
23 accordance with Article 26 of Chapter 90 of the General
24 Statutes;
- 25 k. Substance abuse professionals certified under Article 5C of
26 Chapter 90 of the General Statutes; and
- 27 l. Licensed marriage and family and therapists.

28 (2) The following providers with appropriate substance abuse training and
29 experience in the field of alcohol and other drug abuse as determined
30 by the mental health case manager are authorized to provide treatment
31 for chemical dependency in outpatient practice settings:

- 32 a. Licensed physicians including, but not limited to, physicians
33 who are certified in substance abuse by the American Society of
34 Addiction Medicine (ASAM);
- 35 b. Licensed ~~or certified~~ psychologists;
- 36 c. Psychiatrists;
- 37 d. Certified substance abuse counselors working under the direct
38 supervision of such physicians, psychologists, or psychiatrists;
- 39 e. Licensed psychological associates;
- 40 f. Nurses working under the direct supervision of such physicians,
41 psychologists, or psychiatrists;
- 42 g. ~~Certified clinical social workers and licensed clinical social~~
43 ~~workers;~~ Clinical social workers licensed or certified by the

North Carolina Social Work Certification and Licensure Board under Chapter 90B of the General Statutes.

h. Certified clinical specialists in psychiatric and mental health nursing; nursing in accordance with Article 9A of Chapter 90 of the General Statutes;

i. Licensed professional counselors;

j. Certified fee-based practicing pastoral ~~counselors~~;counselors in accordance with Article 26 of Chapter 90 of the General Statutes;

~~j-l~~(k) Licensed marriage and family and therapists;

1. Substance abuse professionals certified under Article 5C of Chapter 90 of the General Statutes;and

~~k~~(m) In the absence of meeting one of the criteria above, the Mental Health Case Manager could consider, on a case-by-case basis, a provider who supplies:

1. Evidence of graduate education in the diagnosis and treatment of chemical dependency, and
2. Supervised work experience in the diagnosis and treatment of chemical dependency (with supervision by an appropriately credentialed provider), and
3. Substantive past and current continuing education in the diagnosis and treatment of chemical dependency commensurate with one's profession.

(3) Physicians licensed under Chapter 90 of the General Statutes and certified professionals with training and experience in the care and treatment for chemical dependency and working under the direct supervision of such physicians.

Provided, however, that nothing in this subsection shall prohibit the Plan from requiring the most cost-effective treatment setting to be utilized by the person undergoing necessary care and treatment for chemical dependency.

~~(d)~~(e) Benefits provided under this section shall be subject to a case management program for medical necessity and medical appropriateness consisting of (i) precertification of outpatient visits beyond 26 visits each Plan year, (ii) all electroconvulsive treatment, (iii) inpatient utilization review through preadmission and length-of-stay certification for nonemergency admissions to the following levels of care: inpatient units, partial hospitalization programs, residential treatment centers, chemical dependency detoxification and treatment programs, and intensive outpatient programs, (iv) length-of-stay certification of emergency inpatient admissions, and (v) a network of qualified, available providers of inpatient and outpatient psychiatric and chemical dependency treatment. Care which is not both medically necessary and medically appropriate will be noncertified, and benefits will be denied. ~~Where~~

1 qualified preferred providers of inpatient and outpatient care are
2 reasonably available, use of providers outside of the preferred network
3 shall be subject to a twenty percent (20%) coinsurance rate up to five
4 thousand dollars (\$5,000) per fiscal year to be assessed against each
5 covered individual in addition to the general coinsurance percentage
6 and maximum fiscal year amount specified by G.S. 135-40.4 and
7 G.S. 135-40.6.

8 (e)(f) For the purpose of this section, "emergency" is the sudden and unexpected
9 onset of a condition manifesting itself by acute symptoms of sufficient severity that, in
10 the absence of an immediate psychiatric or chemical dependency inpatient admission,
11 could imminently result in injury or danger to self or others.

12 (f)(g) For purposes of As used in this section, the word "Plan" includes all optional
13 and alternative plans, and programs available under the optional or alternative plans, or
14 plans in effect under the State Health Plan and its successor Plans."

15 **SECTION 3.(o)** G.S. 135-40.10 is recodified as G.S. 135-39.22 under Part
16 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and, as
17 recodified, reads as rewritten:

18 "**§ 135-39.22. Persons eligible for Medicare.**Medicare; optional participation in
19 other Medicare products.

20 (a) Benefits payable for covered expenses under this Plan in
21 ~~G.S. 135-40.5~~G.S. 135-39.18 through ~~G.S. 135-40.9~~G.S. 135-39.22 will be reduced by
22 any benefits payable for the same covered expenses under Medicare, so that Medicare
23 will be the primary carrier except where compliance with federal law specifies
24 otherwise.

25 (b) For those participants eligible for Medicare, the ~~State's plan~~Plan will be
26 administered on a "carve out" basis. The provisions of the ~~plan~~Plan are applied to the
27 charges not paid by Medicare (Parts A & B). In other words, those charges not paid by
28 Medicare would be subject to the deductible and coinsurance of the Plan just as if the
29 charges not paid by Medicare were the total bill.

30 (c) For those individuals eligible for Part A (at no cost to them), benefits under
31 this program will be reduced by the amounts to which the covered individuals would be
32 entitled to under Parts A and B of Medicare, even if they choose not to enroll for Part B.

33 (d) Notwithstanding the foregoing provisions of this section or any other
34 provisions of the Plan, the Executive Administrator and Board of Trustees may enter
35 into negotiations with the ~~Health Care Financing Administration,~~ Centers for Medicare
36 and Medicaid Services, U.S. Department of Health and Human Services, in order to
37 secure a more favorable coordination of the Plan's benefits with those provided by
38 Medicare, including but not limited to, measures by which the Plan would provide
39 Medicare benefits for all of its Medicare-eligible members in return for adequate
40 payments from the federal government in providing such benefits. Should such
41 negotiations result in an agreement favorable to the Plan and its Medicare-eligible
42 members, the Executive Administrator and Board of Trustees may, after consultation
43 with the Committee on Employee Hospital and Medical Benefits, implement such an

1 agreement which shall supersede all other provisions of the Plan to the contrary related
2 to its payment of claims for Medicare-eligible members.

3 (e) Notwithstanding subsections (a), (b), and (c) of this section, the Plan may
4 offer an optional Medicare Advantage plan to a Medicare eligible Plan member. A
5 Medicare Advantage plan offered by the Plan shall be an insured product offered
6 through a private insurance carrier authorized by the Centers for Medicare and Medicaid
7 Services to offer Medicare Advantage plans. A Medicare Advantage plan offered by the
8 Plan shall not be a self-funded benefit plan underwritten by the State of North Carolina.
9 Prescription drug benefits shall not be included in the benefits offered under a Medicare
10 Advantage insurance product but shall continue to be provided by the Plan as authorized
11 under G.S. 135-39.18

12 An eligible Plan member may choose to enroll in a Medicare Advantage plan in lieu
13 of any other benefit coverage plan offered under the Plan to Medicare eligible Plan
14 members. A Medicare eligible Plan member must be enrolled in Medicare Part B to
15 participate in an optional Medicare Advantage plan. A non-Medicare eligible dependent
16 of a Medicare Advantage eligible Plan member may enroll on a fully contributory basis
17 in benefit plans offered under the Plan to non-Medicare eligible Plan members. If an
18 enrolled Plan member decides not to re-enroll in an optional Medicare Advantage plan
19 during the Plan's annual enrollment period, the Plan member may at that time re-enroll
20 in other benefit coverage offered by the Plan in accordance with the provisions of
21 subsections (a), (b), and (c) of this section."

22 **SECTION 3.(p)** Part 3A of Article 3A of Chapter 135 of the General
23 Statutes, as enacted by this act, is amended by adding the following new section to read:
24 **"§ 135-39.23. Cost-savings initiatives and incentive programs authorized.**

25 (a) Cost-Saving Initiatives. – Coverage of Over-the-Counter Medications. – The
26 Executive Administrator and Board of Trustees may authorize coverage for
27 over-the-counter medications as recommended by the Plan's pharmacy and therapeutics
28 committee. In approving for coverage one or more over-the-counter medications, the
29 Executive Administrator and Board of Trustees shall ensure that each recommended
30 over-the-counter medication has been analyzed to ensure medical effectiveness and Plan
31 member safety. The analysis shall also address the financial impact on the Plan. The
32 Executive Administrator and Board of Trustees may impose a co-payment to be paid by
33 each covered individual for each packaged over-the-counter medication. The Executive
34 Administrator and Board of Trustees may adopt policies establishing limits on the
35 amount of coverage available for over-the-counter medications for each covered
36 individual over a 12-month period. Prior to implementing policy and co-payment
37 changes authorized under this section, the Executive Administrator and Board of
38 Trustees shall submit the proposed policies and co-payments to the Committee on
39 Employee Hospital and Medical Benefits for its review.

40 (b) Incentive Programs. – For the purposes of helping Plan members to achieve
41 and maintain a healthy lifestyle without impairing patient care, and to increase cost
42 effectiveness in Plan coverage, the Executive Administrator and Board of Trustees may
43 adopt programs offering incentives to Plan members to encourage changes in member
44 behavior or lifestyle designed to improve member health and promote cost-efficiency in

1 the Plan. Participation in one or more incentive programs is voluntary on the part of the
2 Plan member. Before adopting an incentive program, the Executive Administrator and
3 Board of Trustees shall conduct an impact analysis on the proposed incentive program
4 to determine (i) whether the program is likely to result in significant member
5 satisfaction, (ii) that it will not adversely affect quality of care, and (iii) whether it is
6 likely to result in significant cost savings to the Plan. The impact analysis may be
7 conducted by a committee of the Plan, in conjunction with the Plan's consulting actuary,
8 provided that the Plan's medical director participates in the analysis. An approved
9 incentive plan may provide for a waiver of deductibles, co-payments, and coinsurance
10 required under this Article in order to determine the effectiveness of the incentive
11 program in promoting the health of members and increasing cost-effectiveness to the
12 Plan. The Executive Administrator and Board of Trustees shall, before implementing
13 incentive programs authorized under this section, submit the proposed programs to the
14 Committee on Employee Hospital and Medical Benefits for review."

15 **SECTION 3.(q)** G.S. 135-40.11 is recodified as G.S. 135-39.24 under Part
16 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act, and as
17 recodified, reads as rewritten:

18 "**§ 135-39.24. Cessation of coverage.**

19 (a) Coverage under this Plan of an employee and his or her surviving spouse or
20 eligible dependent children or of a retired employee and his or her surviving spouse or
21 eligible dependent children shall cease on the earliest of the following dates:

- 22 (1) The last day of the month in which an employee or retired employee
23 dies. Provided such surviving spouse or eligible dependent children
24 were covered under the Plan at the time of death of the former
25 employee or retired employee, or were covered on September 30,
26 1986, any such surviving spouse or eligible dependent children may
27 then elect to continue coverage under the Plan by submitting written
28 application to the Claims Processor and by paying the cost for such
29 coverage when due at the applicable fees. Such coverage shall cease
30 on the last day of the month in which such surviving spouse or eligible
31 dependent children die, except as provided by this Article.
- 32 (2) The last day of the month in which an employee's employment with
33 the State is terminated as provided in subsection (c) of this section.
- 34 (3) The last day of the month in which a divorce becomes final.
- 35 (4) The last day of the month in which an employee or retired employee
36 requests cancellation of coverage.
- 37 (5) The last day of the month in which a covered individual enters active
38 military service.
- 39 (6) The last day of the month in which a covered individual is found to
40 have knowingly and willfully made or caused to be made a false
41 statement or false representation of a material fact in a claim for
42 reimbursement of medical services under the Plan. The Executive
43 Administrator and Board of Trustees may make an exception to the
44 provisions of this subdivision when persons subject to this subdivision

1 have had a cessation of coverage for a period of five years and have
2 made a full and complete restitution to the Plan for all fraudulent claim
3 amounts. Nothing in this subdivision shall be construed to obligate the
4 Executive Administrator and Board of Trustees to make an exception
5 as allowed for under this subdivision.

6 (7) The last day of the month in which an employee who is
7 Medicare-eligible selects Medicare to be the primary payer of medical
8 benefits. Coverage for a Medicare-eligible spouse of an employee shall
9 also cease the last day of the month in which Medicare is selected to
10 be the primary payer of medical benefits for the Medicare-eligible
11 spouse. Such members are eligible to apply for conversion coverage.

12 (b) Coverage under this Plan as a dependent child ceases when the child ceases to
13 be a dependent child as defined by ~~G.S. 135-40.1(3)~~G.S. 135-39.13 except, coverage
14 may continue under this Plan for a period of not more than 36 months after loss of
15 dependent status on a fully contributory basis provided the dependent child was covered
16 under the Plan at the time of loss of dependent status.

17 ~~(b1)(c)~~ Coverage under the Plan as a surviving dependent child whether covered
18 as a dependent of a surviving spouse, or as an individual member (no living parent),
19 ceases when the child ceases to be a dependent child as defined by
20 ~~G.S. 135-40.1(3)~~G.S. 135-39.13, except coverage may continue under the Plan on a
21 fully contributory basis for a period of not more than 36 months after loss of dependent
22 status.

23 ~~(e)(d)~~ Termination of employment shall mean termination for any reason,
24 including layoff and leave of absence, except as provided in subdivisions (a)(1) and (2)
25 of this section, but shall not, for purposes of this Plan, include retirement upon which
26 the employee is granted an immediate service or disability pension under and pursuant
27 to a State-supported Retirement System.

28 (1) In the event of termination for any reason other than death, coverage
29 under the Plan for an employee and his or her eligible spouse or
30 dependent children, provided the eligible spouse or dependent children
31 were covered under the Plan at termination of employment may be
32 continued for a period of not more than 18 months following
33 termination of employment on a fully contributory basis. Employees
34 who were covered under the Plan at termination of employment may
35 be continued for a period of not more than 18 months or 29 months if
36 determined to be disabled under the Social Security Act, Title II,
37 OASDI or Title XVI, SSI.

38 ~~(3)(2)~~ In the event of approved leave of absence without pay, other than for
39 active duty in the armed forces of the United States, coverage under
40 this Plan for an employee and his or her dependents may be continued
41 during the period of such leave of absence by the employee's paying
42 one hundred percent (100%) of the cost.

43 ~~(4)(3)~~ If employment is terminated in the second half of a calendar month
44 and the covered individual has made the required contribution for any

1 coverage in the following month, that coverage will be continued to
2 the end of the calendar month following the month in which
3 employment was terminated.

4 ~~(5)~~(4) Employees paid for less than 12 months in a year, who are terminated
5 at the end of the work year and who have made contributions for the
6 non-work months, will continue to be covered to the end of the period
7 for which they have made contributions, with the understanding that if
8 they are not employed by another State-covered employer under this
9 Plan at the beginning of the next work year, the employee will refund
10 to the ex-employer the amount of the employer's cost paid for them
11 during the non-paycheck months.

12 ~~(6)~~(5) Any employee receiving benefits pursuant to Article 6 of this Chapter
13 when the employee has less than five years of retirement membership
14 service, or an employee on leave of absence without pay due to illness
15 or injury for up to 12 months, is entitled to continued coverage under
16 the Plan for the employee and any eligible dependents by the
17 employee's paying one hundred percent (100%) of the cost.

18 ~~(d) No benefits will be paid by this Plan for any expenses incurred or treatment
19 received after cessation of coverage as provided in subsections (a) or (b) of this section,
20 except that in the event of hospital confinement at that time, hospitalization benefits as
21 described in G.S. 135-40.6 will continue to the extent provided therein.~~

22 ~~(e)~~(d) A legally divorced spouse and any eligible dependent children of a covered
23 employee or retired employee may continue coverage under this Plan for a period of not
24 more than 36 months following the first of the month after a divorce becomes final on a
25 fully contributory basis, provided the former spouse and any eligible dependent children
26 were covered under the Plan at the time a divorce became final.

27 ~~(f)~~(e) A legally separated spouse of a covered employee or retired employee may
28 continue coverage under this Plan for a period not to exceed 36 months from the
29 separation date on a fully contributory basis, provided the separated spouse was covered
30 under the Plan at the time of separation and provided the covered employee's or retired
31 employee's actions result in the loss of coverage for the separated spouse. Eligible
32 dependent children may also continue coverage if covered under the Plan at time of
33 separation, provided the employee's or retired employee's actions result in the loss of
34 coverage for the dependent children.

35 ~~(g)~~(f) Whenever this section gives a right to continuation coverage, such coverage
36 must be elected ~~no later than a date set by the Executive Administrator and Board of
37 Trustees within the time allowed by applicable federal law.~~

38 ~~(h)~~(g) Continuation coverage under this Plan shall not be continued past the
39 occurrence of any one of the following events:

- 40 (1) The termination of the Plan.
41 (2) Failure of a Plan member to pay monthly in advance any required
42 premiums.

- 1 (3) A person becomes a covered employee or a dependent of a covered
2 employee under any group health plan and that group health plan has
3 no restrictions or limitations on benefits.
- 4 (4) A person becomes eligible for Medicare benefits on or after the
5 effective date of the continuation coverage.
- 6 (5) The person was determined to be no longer disabled, provided the
7 18-month coverage was extended to 29 months due to having been
8 determined to be disabled under the Social Security Act, Title II,
9 OASDI or Title XVI, SSI.
- 10 (6) The person reaches the maximum applicable continuation period of 18,
11 29, or 36 months.

12 (j)(h) Notice requirements concerning continuation coverage shall be developed by
13 the Executive Administrator and Board of Trustees.

14 (j)(i) The spouse and any eligible dependent children of a covered employee may
15 continue coverage under the Plan on a fully contributory basis for a period not to exceed
16 36 months from the date the employee becomes eligible for Medicare benefits which
17 results in a loss of coverage under the Plan, provided that the spouse and eligible
18 dependent children were covered under the Plan at the time the employee became
19 eligible for Medicare benefits which results in a loss of coverage under the Plan."

20 **SECTION 3.(r)** G.S. 135-40.12 is recodified as G.S. 135-39.25 under Part
21 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act.

22 **SECTION 3.(s)** G.S. 135-40.13 is recodified as G.S. 135-39.26 under Part
23 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act.

24 **SECTION 3.(t)** G.S. 135-40.13A is recodified as G.S. 135-39.27 under Part
25 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act.

26 **SECTION 3.(u)** G.S. 135-40.14 is recodified as G.S. 135-39.28 under Part
27 3A of Article 3A of Chapter 135 of the General Statutes, as enacted by this act.

28 **SECTION 3.(v)** Effective July 1, 2008, the State Health Plan for Teachers
29 and State Employees shall not limit the number of visits for covered services for
30 physical therapy, occupational therapy, and speech therapy. This subsection expires
31 July 1, 2009. Sections 28.22A(j) and (k) of S.L. 2007-323 are repealed.

32 **SECTION 4.(a)** Parts 4 and 5 of Article 3 of Chapter 135 of the General
33 Statutes are recodified as Parts 4A and 5A, respectively, under Article 3A of Chapter
34 135 of the General Statutes, as enacted by this act.

35 **SECTION 4.(b)** G.S. 135-41, as amended by Section 28.22A(o) of S.L.
36 2007-323, is recodified under Part 4A of Article 3A of Chapter 135 of the General
37 Statutes, as enacted by this act.

38 **SECTION 4.(c)** G.S. 135-41(b), as recodified by this act, and as amended by
39 Section 28.22A(o) of S.L. 2007-323, reads as rewritten:

40 " (b) The long-term care benefits provided by this Part shall be made available
41 through the State Health Plan for Teachers and State Employees pursuant to Article 2A
42 and 3A of this Chapter (hereinafter called the "Plan") and administered by the Plan's
43 Executive Administrator and Board of Trustees. In administering the benefits provided
44 by this Part, the Executive Administrator and Board of Trustees shall have the same

1 type of powers and duties that are provided under ~~Part 3~~Part 3A of this Article for
2 hospital and medical benefits. The benefits provided by this Part may be offered by the
3 Plan on a self-insured basis, in which case a third-party claims processor shall be chosen
4 through competitive ~~bids in accordance with State law,~~bids, or through a contract of
5 insurance, in which case a carrier licensed to do business in North Carolina shall be
6 selected on a competitive bid basis in accordance with State law."

7 **SECTION 4.(d)** G.S. 135-41.1 is recodified under Part 4A of Article 3A of
8 Chapter 135 of the General Statutes, as enacted by this act.

9 **SECTION 4.(e)** The lead paragraph of G.S. 135-41.1, as recodified by this
10 act under Part 4A of this Article, reads as rewritten:

11 "**§ 135-41.1. Long-term care benefits.**

12 Long-term care benefits provided by this Part are subject to elimination periods,
13 coinsurance provisions, and other limitations separate and apart from those provided for
14 in ~~Part 3~~Part 3A of this Article. No limitation on out-of-pocket expenses are provided
15 for the benefits covered by this section. Long-term care benefits are as follows:"

16 **SECTION 5.(a)** Effective July 1, 2008, G.S. 150B-1(d)(7), as amended by
17 Section 28.22A(o) of S.L. 2007-323, reads as rewritten:

18 "(7) The State Health Plan for Teachers and State Employees in
19 administering the provisions of ~~Parts 2, 3, 4, and 5 of Article 3~~ Article
20 3A of Chapter 135 of the General Statutes."

21 **SECTION 5.(b)** G.S. 150B-44 reads as rewritten:

22 "**§ 150B-44. Right to judicial intervention when decision unreasonably delayed.**

23 Unreasonable delay on the part of any agency or administrative law judge in taking
24 any required action shall be justification for any person whose rights, duties, or
25 privileges are adversely affected by such delay to seek a court order compelling action
26 by the agency or administrative law judge. An agency that is subject to Article 3 of this
27 Chapter and is not a board or commission has 60 days from the day it receives the
28 official record in a contested case from the Office of Administrative Hearings to make a
29 final decision in the case. This time limit may be extended by the parties or, for good
30 cause shown, by the agency for an additional period of up to 60 days. An agency that is
31 subject to Article 3 of this Chapter and is a board or commission has 60 days from the
32 day it receives the official record in a contested case from the Office of Administrative
33 Hearings or 60 days after its next regularly scheduled meeting, whichever is longer, to
34 make a final decision in the case. This time limit may be extended by the parties or, for
35 good cause shown, by the agency for an additional period of up to 60 days. If an agency
36 subject to Article 3 of this Chapter has not made a final decision within these time
37 limits, the agency is considered to have adopted the administrative law judge's decision
38 as the agency's final decision. Failure of an agency subject to Article 3A of this Chapter
39 to make a final decision within 120 days of the close of the contested case hearing is
40 justification for a person whose rights, duties, or privileges are adversely affected by the
41 delay to seek a court order compelling action by the agency or, if the case was heard by
42 an administrative law judge, by the administrative law judge. The Board of Trustees of
43 the North Carolina State Health Plan for Teachers and State Employees is a "board" for
44 purposes of this section."

- 1 **SECTION 6.** Section 31.24 of S.L. 2004-124 is repealed.
2 **SECTION 7.** This act becomes effective July 1, 2008.