

**GENERAL ASSEMBLY OF NORTH CAROLINA**

**SESSION 1993**

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**SENATE BILL 444\***

Short Title: Phys. Fitness Pilot Program.

(Public)

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Sponsors: Senator Warren.

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Referred to: Appropriations.

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March 2, 1993

A BILL TO BE ENTITLED

AN ACT TO APPROPRIATE FUNDS FOR A PILOT PROGRAM TO ENCOURAGE  
A COMMUNITY/SCHOOL LINKED PHYSICAL FITNESS AND HEALTHFUL  
LIVING PILOT PROGRAM.

The General Assembly of North Carolina enacts:

Section 1. (a) There is appropriated from the General Fund to the Department of Public Education, the Department of Public Instruction, the sum of two hundred fifty thousand dollars (\$250,000) for the 1993-94 fiscal year to provide one-year grants for local school administrative units to plan and implement comprehensive model community/school linked physical fitness and healthful living programs. These pilot programs shall promote school and community-based healthful living demonstrations for children and their families.

(b) The Superintendent of Public Instruction shall administer the grant program, provide technical assistance to grant applicants and recipients, select grant recipients, evaluate the pilot programs, and develop guidelines for implementing successful programs. Pilot programs shall be evenly distributed geographically throughout the State and shall include local school administrative units of different sizes.

(c) Grant proposals shall include:

- (1) A mechanism to link or integrate physical fitness instruction to the core curriculum and the study of general academic subjects;
- (2) A plan for engaging classroom teachers in healthful living instruction;
- (3) A plan to use existing resources including local health coordinators, community resource coordinators, physical fitness teachers, other

- 1 teachers, local park and recreation personnel, and parents and families,  
2 in the development and implementation of a comprehensive local plan;  
3 (4) A plan to include more than one school in the pilot project, and to  
4 focus on elementary schools; and  
5 (5) A plan to use existing community facilities, including schools, for  
6 after-school and weekend recreational and physical activities for  
7 children and their families.  
8 (d) Grant funds shall remain available for expenditure until July 1, 1995.  
9 (e) The Department of Public Instruction shall report to the Legislative  
10 Research Commission on Physical Fitness and Youth before March 30, 1994, and  
11 before January 1, 1995, on its progress in implementing the pilot project.  
12 Sec. 2. This act becomes effective July 1, 1993.